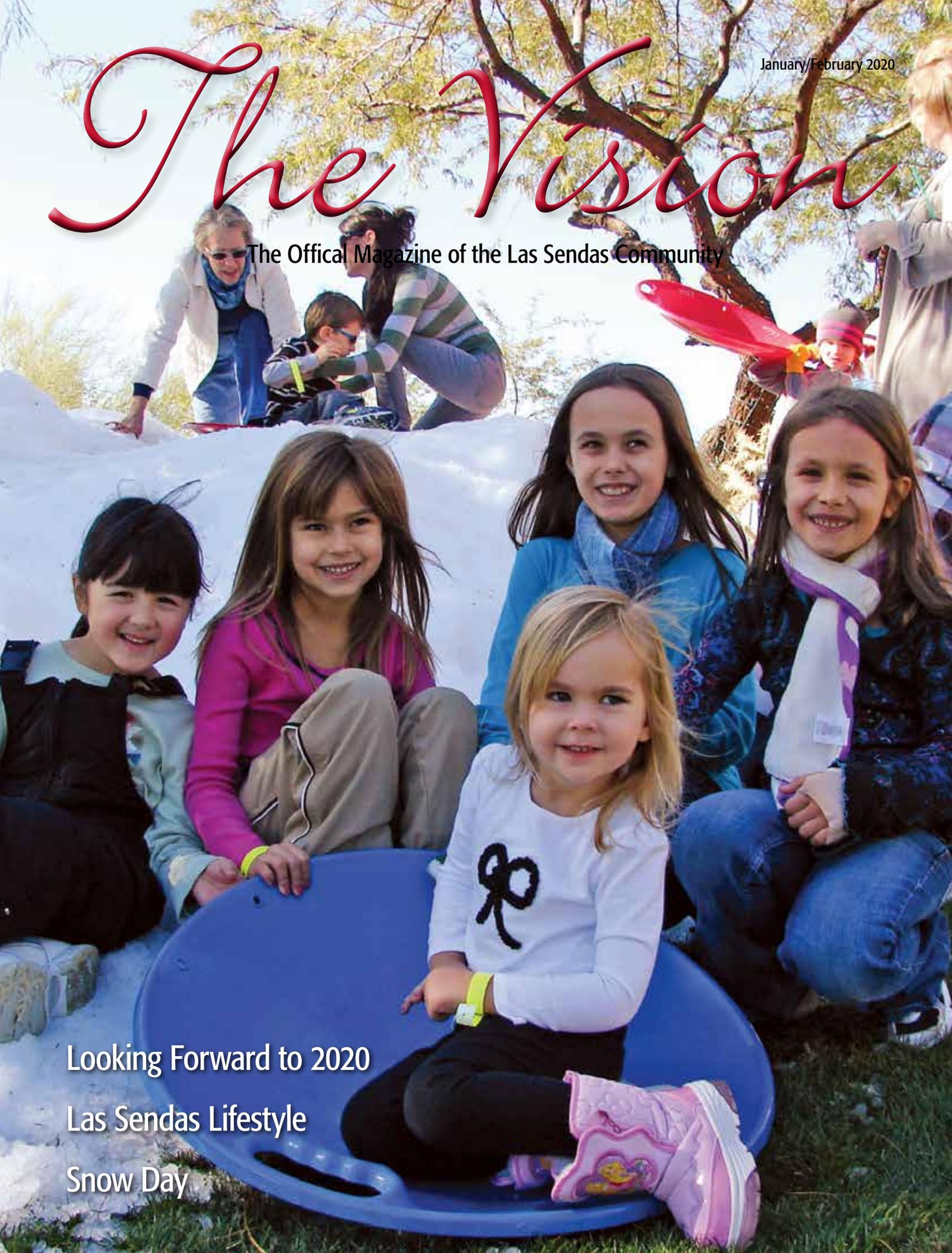


January/February 2020

The Vision

The Official Magazine of the Las Sendas Community



Looking Forward to 2020

Las Sendas Lifestyle

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Your Community Association...

- 2 Board and Management Contact Information
Community Contact Information
- 3 Looking Forward to 2020
- 4 Board Bits
Manager's Missive
- 5 Audit Committee
Communications Committee
New Community Website
- 6 Short-Term Rental Working Group
Finance Committee
What is a CPAG? Why Do I Care?

Home and Landscape...

- 8 Four Peaks Landscape
Yellow Dots
Compliance Corner
- 9 Architectural Review Committee Update



pg. 20



The Official Magazine of Las Sendas Community Association

This magazine is delivered to homeowners and businesses in the Las Sendas Community bi-monthly. You have received this publication because your Association believes you take pride in your home, environment and community.

We are always interested in your comments or suggestions.

While efforts to ensure accuracy are exercised, the publisher assumes no liability for the information contained in editorial content.



In Every Issue...

- 10 Save the Date!
January/February 2020
Event Calendar

Las Sendas Lifestyle...

- 12 Activities to Do - Events to Discover
- 13 8 Count Dance

Health & Well Being...

- 14 How is your Timing?
New Year = New You!
- 15 January/February Group Fitness Schedule
Yoga with a Purpose
Microblading Special
- 16 Plasma Pen Treatment
- 17 February Spa Specials

Community Spotlight...

- 18 Las Sendas Run/Bike/Tri Group
Las Sendas Corvette Club
Mesa Quilt Show
- 19 Las Sendas "Adopt-A-Street"
Retiree's Club
- 20 District 5 Updates From your Councilmember David Luna
Las Sendas Book Club
- 21 Ladies of Las Sendas



Board and Management Contact Information

Professionally managed by



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Las Sendas

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7900 East Eagle Crest Drive
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480.357.8780

Hours: Monday-Friday 8:00am-5:00pm
info@thetrailhead.org
www.thetrailhead.org

Las Sendas Spa & Fitness Center 480.832.6900

Community Patrol

Monday-Friday 6:00pm-4:00am
Saturday & Sunday 6:00am-5:00am
480.220.1794

CCMC Customer Service Support 1.833.301.4538 480.921.7500

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5:00am-7:00pm
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Sunday
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Looking Forward to 2020

By Kristine Nau, Executive Director

If Las Sendas could look in a rearview mirror, it would see that in 2019, the Association operated in a prudent and cost-effective manner, upheld itself as a desirable and unique community, and enhanced its sense of community. In fact, 17 of the 20 Board of Director-established objectives for these three goals were successfully achieved by early November. The remaining three objectives will roll into the upcoming year for further research. As Las Sendas transitions into a new decade, your newly elected 2019/2020 Board of Directors looks forward to establishing new community goals, developing a full community Strategic Plan and launching a Five-Year Master Community Project Plan.

In January, the Board of Directors will host open work session meetings to discuss and set 2020 expectations, goals and objectives. This year, two new Board Members, Bill Hettling and Tony Reid, will offer their insight and participate in the round table discussions with the remaining Board Members. A few topics that the Board of Directors plan to discuss at these work session meetings are as follows: Studying New and Improved Methods of Communication; Further Prioritization of Capital Improvement Fund Projects; Establishing Internal Expectations of Board Members and Scheduling of Strategic Planning. As always, residents are encouraged to attend work sessions and board meetings. Notification of such meetings will be distributed through the weekly resident email communication from the Association.

Shortly thereafter, the Board of Directors will embark on a reviewing the components of a previous plans and hold several work session meetings to develop a full community Strategic Plan. A strategic plan provides current and future Board, committee and working group members, as well as residents, with specific community-related strategies, tactics and action plans. Best practices recommend a review of this type of plan every two to three years to ensure its relevancy. Residents can expect any revisions or additions of the plan to be communicated with them.

In 2015, the then Board of Directors established a Policy and Capital Improvement Fund, which allows a percentage of the annual assessment to be allocated specifically to new community improvement projects, such as the enhancements of Boulder Mountain Parke (e.g., pickleball, bocce ball, splash pad and additional parking lot). Several years have passed since the initial discussions took place of community related improvement projects, so the Board of Directors recently reviewed updated project costs and discussed their relevancy. Following are the projects discussed: Splash Pad enhancements;

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Boulder Mountain Parke restroom renovation vs. building a new facility; Artificial Turf phase III; common area fire mitigation; vehicle gate and amenity control access systems; tree management; Trailhead renovation; playground equipment/sport field replacement/renovation; enclave entry enhancements; dog park; and relocation of Carillon Bells. The Board of Directors will continue their discussion of these projects in 2020. At that time, they will finalize a prioritization list of projects and schedule them as funds and project management bandwidth become available over a period of five years.

As you can see, 2020 and years beyond will be busy for Las Sendas. The Board of Directors and CCMC hope that as a member of the community, you will choose to become involved in the decisions that will shape the future of Las Sendas. The majority of community-related updates and notifications are communicated through the weekly emails. If you do not currently receive those emails, please contact the Trailhead Members Club at 480-357-8780 and ask to be added to the distribution list. These are exciting times for Las Sendas and I hope that you choose to be part of it.

Board Bits

On behalf of the entire Las Sendas Board and CCMC, we hope that your holiday season was filled with warmth, happiness, family and friends. We are all very excited to welcome another great year into Las Sendas.

As we look forward to 2020, we should take a moment to remember some noteworthy accomplishments from last year. For instance, in January, the Association appointed members to landscape and security & safety committees both of which are newly formed committees. In April, the communications committee and short-term rental working groups were formed. These new committees and working groups have already done incredible work to continue improving our community.

In August, the association distributed a survey with regards to short-term rentals here in Las Sendas and we saw the highest response rate of any survey in the history of the community. That feedback will allow us to further evaluate the impact of short-term rentals on our residents. Also, in the month of August, the renovation of the Las Sendas Spa & Fitness Center was completed. In October and November, the Association was able to approve and complete a street maintenance project in eleven enclaves. In addition, the Membership elected two new Board Members, Bill Hettling and Tony Reid to serve on the Board of Directors at the Annual Meeting in November. Enhancements to the splash pad, including new water activities and a colored deck, as well as renovations to the Boulder Mountain Park pool area restrooms was completed in December. Finally, at year-end we hosted over thirty successful lifestyle events and activities.

Las Sendas is an amazing place to live! A community created to offer a sense of collective identity, belonging, connectedness, inclusivity, and pride. To this, the Las Sendas Board will continue to create and foster a true sense of “community” for all our residents. Happy New Year!

We encourage all homeowners to attend the Las Sendas Board of Directors meetings. It is a great opportunity to learn about your Board and your community. You never know, you may have an idea for our community that the Board has not thought of yet.

Looking forward to another exciting year for Las Sendas,

Las Sendas Board of Directors and CCMC



Manager's Missive

By Christal Bromley,
Community Manager

We often receive work order requests for trimming and removal of common area trees. Requests may be for trimming of trees in a common area that is regularly maintained, but the resident wants the work done sooner than is scheduled to be completed by the Association's arborist. Other requests may be to trim trees in a common area that is not included in the six-week landscape maintenance cycle, such as behind homes or on the side of lots. Historically, homeowners could call the Association if a tree was growing over the wall and into their yard or became a nuisance and often the work was completed. However, the costs to complete these requests would often be in excess of the Association's annual landscape and trimming budget.

In reviewing the Association's financials and work order history, it was realized that continuing to fulfill requests for work in these unmaintained areas and outside the regular trimming schedule was causing a strain on the Association's budget. As such, the Board adopted the Homeowner Requested Tree Trimming and Removal Policy for Non-View Related Purposes in September.

Here's what you need to know:

- The Association will continue to have trees in maintained common areas trimmed by a professional arborist, at a frequency established by the Association and the arborist.
- Trees that are in common areas that are not regularly maintained will not be trimmed or removed, with the exception of work performed for fire risk mitigation on a 4-5 year cycle.
- The Association will only trim or remove trees if the tree in question presents a safety hazard or the tree is causing damage to a common wall or homeowner's property. For the purpose of this policy, debris falling into a pool does not constitute property damage.
- If a branch(es) of a common area tree is hanging into your yard, you are permitted to trim the branch(s) at/over the lot line. The trimming must be done from your side of the fence and you are responsible for disposal of the debris. Fines may be imposed if debris is thrown into the common area for removal.
- Homeowners may inquire about the option to pay for the Association's contractor to trim or remove common area trees if their request is denied by the Association. Requests should be made through the Community Manager. Work performed on Association common area may only be performed by an association-approved vendor.
- This policy does not change the existing process for requested trees to be trimmed or removed to enhance views.

For more information, visit www.thetrailhead.org and search "Trimming and Removal" to view the entire policy.

Audit Committee

By Fred Glenn

Hello, my name is Fred Glenn, I'm the chairperson of the Las Sendas Audit Committee and I've been asked to explain the duties of our committee.

We meet as needed, and unless otherwise specified, our meetings are open to residents. Like all Committees at Las Sendas, we consist of volunteer members, and one of our members must be a CPA, Certified Public Accountant. We typically look for members with finance or accounting experience, but that isn't a requirement. Also like other Committees, a Board Member, representative of the Management Company and Finance Committee are assigned to assist.

While we don't deal with the day-to-day operations (Income and bill payment duties), we do review the monthly Financial Statements and work with Management on any problems or questions.

From time to time, at our request and recommendation by the Board, we issue Letters of Engagement and obtain bids for work by Independent Auditors, that include the Annual Audit and Tax Filings.

We also work in partnership with the Independent Auditor at the end of the year to review our Financial Statements and be sure our Tax return is filed.

The Audit Committee, in collaboration with Management have a responsibility for receiving, retaining and handling complaints or concerns regarding accounting and internal controls.

We handle, in confidence, misconduct matters of the Board of Directors, Management or Contractors. This would include areas of Fraud, Abuse and Unethical Behavior.

We also take on Special Projects as assigned by the Board. We welcome any questions you may have about our Committee. Please email them to Executive Director, Kristine Nau at knau@thetrailhead.org or drop them off at the Trailhead. They will be forwarded to the committee.

New Community Website

On December 26, 2019, the Las Sendas Community Association launched a brand new website. This new website features a modern look and feel, allows for easier access to important documents, permits reservations of community amenities (courts, fields, ramadas, banquet rooms, etc.), a digital suggestion box and so much more. The domain name remains the same, which is www.thetrailhead.org. Currently, most of the content on our website is available to the public and that remains the same on the new website. There are certain items on the website that will require a username and password in order to view. Following are the steps which will allow you to create a login so that you can view those protected documents.

How to create a login:

1. Visit www.thetrailhead.org.
2. Click the "LOGIN" button in the top right hand corner of the page.
3. Click on "FORGOT PASSWORD".

Communications Committee

By Tina Reed

The Communications Committee was hard at work in 2019 and accomplished the following tasks:

- A new website was launched, updating the look and functionality for residents to easily access all the information they need
- A suggestion box was developed and implemented so residents can easily provide input on anything about the community
- Informational emails were consistently sent every Thursday with community news about Board Meetings, upcoming events, spa specials, and more
- New homeowner Welcome Packets were updated with useful information on our community resources
- A social media policy was written and implemented

For 2020, the Committee will be evaluating the Vision Newsletter for possible restructuring (which may include a name change), improving new homeowner orientation meetings, and enhancing residents' overall experience through more effective communications.

So how can you help?

- Follow us on Facebook and Instagram @lassendasarizona
- Sign up for the email newsletters by contacting vajohnson@thetrailhead.org or calling 480-357-8780. This is our primary method of distributing information of all kinds from upcoming social events to Board of Directors business.
- And last but not least, send us your suggestions! No idea is too small or too big and while we may not be able to implement every idea, we can only improve with your help and feedback. You can find the suggestion box online at thetrailhead.org or you can drop a suggestion in the box at The Trailhead office at 7900 E Eaglecrest Dr Mesa, AZ 85207.

4. Type in the email address that is associated with your Las Sendas account and follow the prompt on the page.
5. You should receive an email with instructions on how to set a password and then you will have access to the protected pages.

If you have not provided us with an email (or do not remember which email it was that you used in the past) you can click on the "REGISTER" button and that will allow you to request membership. That will send us an email and allow us to manually approve you. This process takes a bit longer so please allow at least 3 business days for your membership request to be reviewed.

Thank you to the Communications Committee for all their hard work to implement a new website and to the Board of Directors for supporting the Committee's recommendations. If you have any questions with regards to the new website, please give us a call at The Trailhead at 480.357.8780. We are very excited for this new website and hope it allows residents a one-stop-shop for all things Las Sendas!

Short Term Rental Working Group

By Dee Scott, Bob Nelson and Craig Rochette

After listening to Members concerns with neighboring vacation homes, on March 28, 2019, the Las Sendas Community Association (LSCA) Board of Directors authorized the formation of a "Working Group" to focus on the issue of Short-Term Rentals (STR's), which is defined as rentals less than 6 months in length. The mandate given to the Working Group was as follows: Determine the size, scope and impact, if any, of STR's on the residents of Las Sendas. The Working Group has completed an in-depth analysis of the number of STR's currently existing in Las Sendas. Recently, the Working Group surveyed the community seeking to discover residents' opinions and experiences, both favorable and unfavorable, with STR's. This survey produced the single greatest response of any survey conducted during the history of LSCA. One example of the survey results was when asked if one would consider a STR of their home, 79% of those who participated in the survey answered "No", 14% answered "Yes" and 7% chose not to reply.

As you may be aware, in 2009 LSCA implemented a policy of limiting rentals in the community to a minimum six-month duration. The policy was never codified into the LSCA Covenants, Conditions and Restrictions (CC&R's). Thus, when new legislation was created by the Arizona Legislature and signed into law by the Governor, LSCA could no longer enforce the six-month minimum rental policy.

The STR Working Group is tasked with providing the LSCA Board of Director's with an overview of the impact of Short-Term Rentals within the community along with specific recommendations, which they will take into consideration. One such recommendation may be to request a vote of all Members to amend the CC&R's to regulate STR's.

If you are interested in attending any of the STR Working Group meetings, they are open to all residents. This Group meets as needed so be sure to watch the weekly eblasts for notification of the date and time of the next meeting.

Finance Committee

By Duane Kragness

The Finance Committee consists of Brett Bieberdorf, Jon Englund, David Halfpap, Brent Hoskinson, Duane Kragness and Arthur Simpkins.

We review and update the Investment Policy Statement which states the parameters of acceptable investments for our approximate \$12 million Reserve Account. We must be conservative with our investments since we will have definite future repair and replacement needs, regardless if the stock market goes up or down. If we had been 100% in stock investments in 2007, we would have lost half of our reserve money by 2009. Although an individual investor may elect to take riskier investments to capture a higher return, the HOA cannot gamble with nonconservative investments. Therefore, the Policy Statement requires at least 70% be invested in fixed investments such as corporate bonds, certificates of deposit and US Treasuries.

We employ an investment advisor to do the day to day investing based on the Investment Policy Statement and to keep all records. Wells Fargo Investments is now, and for many years has been our advisor. Although we have nothing against Wells Fargo Investments, we believe it prudent to review whether we should have a different advisor. We are in the middle of evaluating several companies and expect to have a recommendation to the Board within several months.

Determining how much should be in our reserve account is an educated estimate. Therefore, the HOA hires Association Reserves, a company that specializes in HOA reserve studies. Association Reserves keeps a record of all HOA assets over \$1,000, estimates what it would cost to replace that asset at the end of its useful life and estimates how many more years it will be before that asset must be replaced. The association reports are hundreds of pages. The HOA uses these reports to determine how much should be funded in the Reserve Account each year.

We examine the HOA financial reports, including budgets, and provide recommendations for cost savings and efficiencies.

What is a CPAG? Why Do I Care?

By Bill Hettling

Have you ever wondered what your neighbors think of our community? How about those outside of our neighborhood? Have you ever wanted to know what the demographics are of Las Sendas, or how they changing? Do you ever think about how our "hometown" compares to similar communities in regards to financial stability, amenities or property appreciation?

These are all questions that the Community Planning and Advisory Group (CPAG) tries to answer. For the past several months our team has acquired data on the feelings of our residents, our neighbors in other communities and realtors. We have used surveys, intercepts and focus groups to compile a great deal of information on what makes our corner of northeast Mesa so special.

A sneak peek for each of you is that all of our inputs describe Las Sendas as a vibrant, active, outdoor lifestyle community. We are a place for Morning Hikes, Mountain Bikes, Picnic Blankets, Desert

Blooms, Food Truck Nights, and WOW Sunsets. We are a "hometown", a Place to Be, Belong and Connect.

We are a multi-generational community, that believes:

- in working hard, and playing hard.
- in appreciating nature.
- in a better way (constant improvement).
- in being neighborly.
- in being social.
- in living life on our own terms.

We are in the final phases of bringing all this together in a positioning statement that we will provide to our communication committee to use with realtors, magazines and social media to drive like minded people to our community, thereby improving our desirability, drive our home values and provide a flow of new residents into our mountainside way of life.

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The following preparations will help insure a healthy garden during the coldest month of the year (typically);



Prune dormant plants now. Make cuts when temperatures are above freezing. Properly pruned plants will add new growth, giving a fuller look and vigorous bloom in the spring.

Don't prune spring-blooming shrubs, such as Eremophila, until after they flower. Don't prune roses, Bougainvillea or Oleanders until the chance of frost has passed in the spring.

Protect aloes -- which, in low-desert areas may be flowering now -- from freezing temperatures. Also, protect cold-sensitive plants, typically subtropical cacti. Most native varieties of cacti can tolerate colder temperatures.

Insects such as gray aphids can plague winter vegetables and herbs. Remove these bugs with a strong spray of water or insecticidal soap. Watch for cabbage looppers (small, pale green caterpillars with white stripes) on vegetable Cole crops. Remove by hand or use BT sprays (*Bacillus thuringiensis*).

Continue to water wisely by turning off irrigation timers after adequate rains, watering new landscape plantings if rainfall is scarce and winter wildflowers if seasonal rains haven't yet arrived.

Now is a good time to clean out some of the leaf litter from under the plants as most have finished their winter thinning of the older leaf material. It's not necessary to make it spotless; some organic matter is good for soil health.

Fertilize cool-season lawns (bluegrass, fescue, and ryegrass) if they don't have a rich green color. If the color is off, use a nitrogen-rich product containing iron, zinc, and sulfur. While you're at it, apply crabgrass preventer -- it's most effective when applied now.

YELLOW DOTS

By Christal Bromley

At the recommendation of the Landscape Committee, the Board of Directors engaged with a third party landscape consultant to perform an audit of the Association's common area landscape and identify areas of improvement. Among other items, one area of concern was the health of the common area trees. Insects and mold are contributing; however the health concerns primarily stemmed from the way the landscape was initially installed decades ago, such as the depth the trees were planted, how closely they were planted together and the irrigation that was installed. These installation practices were industry-standard at the time the community was built.

With the audit, recommendations were provided to the Association to improve the health of the common area trees and the overall appearance of the Association's landscape. Some of the recommendations were related to maintenance practices, such as watering frequency and trimming, as well as a renovation of the irrigation system. Another recommendation was to remove some of the trees that are dead, declining, unsightly, present a safety concern, damaging property and/or hindering the growth of other healthy trees. The Landscape Committee is facilitating the implementation of some of the recommendations over the next few years.

To this end, the Association engaged with the landscape consultant again to perform a detailed review of the common area trees to identify ones that should be considered for removal. The scope of the review included marking certain trees with yellow dots, taking a picture of each tree, providing a detailed database of candidates for removal, identifying a reason(s) for removal and recommending prioritization. The first phase of this review included the trees along the main thoroughfares only. Removal of the trees will be contingent on the availability of funds.

The Board and Landscape Committee are committed to maintaining the native desert character of Las Sendas and believe that trees are integral to the value of the community. This commitment includes keeping our beautiful native plants healthy, including cacti, mesquite, palo verde, ironwood and desert willows. This project is being executed carefully and thoughtfully. This will result in a "cleaner" and more attractive look, as well as smarter spending.

COMPLIANCE CORNER

Don't Forget

- Lighting and decorations must be removed within 30 days of a holiday. This includes all café/bistro style string lighting, which is prohibited in Las Sendas.
- The New Year is a great time to take a good look at your property. Perhaps it is time to replenish your rock, stain your gate or paint your home. Many normal maintenance items do not need to be approved by the Architectural Review Committee (ARC) but items such as exterior painting and new exterior lighting fixtures must be submitted and approved by the ARC. If in doubt on whether something

needs to be reviewed by the ARC, please call and ask before beginning any work.

- The Las Sendas CC&R's state that commercial vehicles are not allowed to park overnight. If you have a commercial vehicle it must be parked in your garage or kept off-site.
- A vehicle is deemed stored if it is covered by a car cover, tarp or other material. This is prohibited in Las Sendas.
- You must have approval from the ARC to park anything behind your gate.



Architectural Review Committee Update

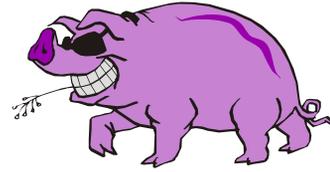
Over the past year the Architectural Review Committee has been working on a revision to the Las Sendas Architectural Guidelines. The title of the document has been revised to “Las Sendas Design Guidelines” to more accurately reflect its content which covers landscaping as well as structures. The purpose for this revision is to provide a document that is easier for the homeowners to use and which provides a clearer definition of the guidelines used by the Committee in reviewing and approving applications for improvements. The new guidelines will become effective as of 1 January 2020 and can be found on our website, www.thetrailhead.org.

Some of the key items in this revision include:

- Ensures all requirements for the Architectural Review Committee contained in the Declaration of Covenants, Conditions and Restrictions (CC&Rs) are incorporated or referenced in the guidelines.
- Updates requirements to reflect Arizona state laws, where applicable.
- Adds a section containing construction regulations to be observed by homeowners and contractors while making improvements.
- Provides consistency between Custom and Production home guidelines where appropriate.
- Eliminates requirement differences between Tuscan and Non-Tuscan homes.
- Provides requirements in numbered and bulleted sections, making it easier to locate and reference specific requirements.
- Alphabetizes subsections to make it quicker and easier to find information.
- Provides an updated and simplified design review application form.
- Provides a form for requesting variance to CC&R requirements or Design Guidelines.
- Provides examples of elevation drawings and plot plans that are required to be submitted with applications.
- Provides updated guidance on lighting to include that are requirements for maximum brightness in lumens instead of watts and requirements for light appearance (also referred to as color temperature).
- Updates the approved and prohibited plant lists to correct errors, provide missing information on plant identification and relaxes some of the previous restrictions for specific plant types.
- Provides an appendix with definitions of terms and acronyms used in the document.
- Identifies when CCMC employees may approve design review applications without submitting to the full committee (Consent Items).

The Architectural Review Committee hopes that homeowners will find the revisions to the Las Sendas Design Guidelines useful for maintaining their property in a manner to preserve, protect and enhance the unique character of Las Sendas.

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2020 | SAVE THE DATE!

JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>Happy New Year Trailhead Office Closed</p> <p>Pickleball Drop In Advanced 9-11am</p> <p>Pickleball Drop In 2-4pm (Beginners and Intermediate)</p>	<p>2</p> <p>Custom ARC Meeting 8-10am</p> <p>Retirees Tennis 9-11am</p>	<p>3</p> <p>Pickleball Drop In Advanced 9-11am</p> <p>Communications Committee Meeting 12:30-2pm</p> <p>Pickleball Drop In 2-4pm (Beginners & Intermediate)</p>	4
5	<p>6</p> <p>Pickleball Drop In Advanced 9-11am</p> <p>Bridge Club 1-4pm</p> <p>Pickleball Drop In 2-4pm (Beginners and Intermediate)</p>	<p>7</p> <p>Short Term Rental Working Group Meeting 9-10:30am</p> <p>Landscape Committee Meeting 10-11:30am</p>	<p>8</p> <p>Pickleball Drop In Advanced 9-11am</p> <p>Retirees Bocce 10am-12pm</p> <p>Mah Jongg 1:30-4pm</p> <p>Pickleball Drop In 2-4pm (Beginners and Intermediate)</p> <p>Security & Safety Committee Meeting 4-5:30pm</p>	<p>9</p> <p>Regular ARC Meeting 8-11am</p> <p>Retirees Tennis 9-11am</p>	<p>10</p> <p>Board Work Session Meeting 9-11am</p> <p>Pickleball Drop In Advanced 9-11am</p> <p>Pickleball Drop In 2-4pm (Beginners and Intermediate)</p>	11 Open House Weekend
12 Open House Weekend Quilters Sew Day 10am-1pm	<p>13</p> <p>Pickleball Drop In Advanced 9-11am</p> <p>Bridge Club 1-4pm</p> <p>Pickleball Drop In 2-4pm (Beginners and Intermediate)</p>	<p>14</p> <p>Retirees Meeting 9-11am</p> <p>Book Club 6:30-8pm</p> <p>CPAG Meeting 8:30-10am</p>	<p>15</p> <p>Pickleball Drop In Advanced 9-11am</p> <p>Retirees Bocce 10am-12pm</p> <p>Mah Jongg 1:30-4pm</p> <p>Pickleball Drop In 2-4pm (Beginners and Intermediate)</p> <p>Dance 2:30-6:30pm</p>	<p>16</p> <p>Custom ARC Meeting 8-10am</p> <p>Retirees Tennis 9-11am</p> <p>Ladies of Las Sendas 5:30-7:30pm</p>	<p>17</p> <p>Pickleball Drop In Advanced 9-11am</p> <p>Communications Committee Meeting 12:30-2pm</p> <p>Pickleball Drop In 2-4pm (Beginners and Intermediate)</p>	18
19	<p>20</p> <p>Pickleball Drop In Advanced 9-11am</p> <p>Bridge Club 1-4pm</p> <p>Pickleball Drop In 2-4pm (Beginners and Intermediate)</p> <p>Quilters Meeting 5:15-7:30pm</p>	<p>21</p> <p>Landscape Committee Meeting 10-11:30am</p>	<p>22</p> <p>Pickleball Drop In Advanced 9-11am</p> <p>Retirees Bocce 10am-12pm</p> <p>Mah Jongg 1:30-4pm</p> <p>Pickleball Drop In 2-4pm (Beginners and Intermediate)</p> <p>Dance 2:30-6:30pm</p>	<p>23</p> <p>Regular ARC Meeting 8-11am</p> <p>Retirees Tennis 9-11am</p> <p>Board Meeting 6-8pm</p>	<p>24</p> <p>Pickleball Drop In Advanced 9-11am</p> <p>Communications Committee Meeting 12:30-2pm</p> <p>Pickleball Drop In 2-4pm (Beginners and Intermediate)</p>	25 Open House Weekend Snow Day 10am-12pm
26 Open House Weekend	<p>27</p> <p>Pickleball Drop In Advanced 9-11am</p> <p>Bridge Club 1-4pm</p> <p>Pickleball Drop In 2-4pm (Beginners and Intermediate)</p>	<p>28</p> <p>Retirees Meeting 9-11am</p>	<p>29</p> <p>Pickleball Drop In Advanced 9-11am</p> <p>Retirees Bocce 10am-12pm</p> <p>Mah Jongg 1:30-4pm</p> <p>Pickleball Drop In 2-4pm (Beginners and Intermediate)</p> <p>Dance 2:30-6:30pm</p>	<p>30</p> <p>Retirees Tennis 9-11am</p>	<p>31</p> <p>Pickleball Drop In Advanced 9-11am</p> <p>Pickleball Drop In 2-4pm (Beginners and Intermediate)</p>	

Las Sendas

FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Pickleball Drop In Advanced 9-11am Bridge Club 1-4pm Pickleball Drop In 2-4pm (Beginners and Intermediate)	4 Landscape Committee Meeting 10-11:30am	5 Pickleball Drop In Advanced 9-11am Retirees Bocce 10am-12pm Mah Jongg 1:30-4pm Pickleball Drop In 2-4pm (Beginners and Intermediate) Dance 2:30-6:30pm	6 Custom ARC Meeting 8-10am Retirees Tennis 9-11am	7 Pickleball Drop In Advanced 9-11am Communications Committee Meeting 12:30-2pm Pickleball Drop In 2-4pm (Beginners and Intermediate) Food Truck Friday 5-9pm	8 Valentine's Day Dance Open House Weekend
9 Open House Weekend Quilters Sew Day 10am-1pm	10 Pickleball Drop In Advanced 9-11am Bridge Club 1-4pm Pickleball Drop In 2-4pm (Beginners and Intermediate)	11 Book Club 6:30-8pm	12 Pickleball Drop In Advanced 9-11am Retirees Bocce 10am-12pm Mah Jongg 1:30-4pm Pickleball Drop In 2-4pm (Beginners and Intermediate) Dance 2:30-6:30pm	13 Regular ARC Meeting 8-11am Retirees Tennis 9-11am	14 Pickleball Drop In Advanced 9-11am Pickleball Drop In 2-4pm (Beginners and Intermediate)	15
16	17 Pickleball Drop In Advanced 9-11am Bridge Club 1-4pm Pickleball Drop In 2-4pm (Beginners and Intermediate)	18 Landscape Committee Meeting 10-11:30am Finance Committee Meeting 3-5pm	19 Pickleball Drop In Advanced 9-11am Retirees Bocce 10am-12pm Mah Jongg 1:30-4pm Pickleball Drop In 2-4pm (Beginners and Intermediate) Dance 2:30-6:30pm	20 Custom ARC Meeting 8-10am Retirees Tennis 9-11am	21 Pickleball Drop In Advanced 9-11am Communications Committee Meeting 12:30-2pm Pickleball Drop In 2-4pm (Beginners and Intermediate)	22 Open House Weekend
23 Open House Weekend	24 Pickleball Drop In Advanced 9-11am Bridge Club 1-4pm Pickleball Drop In 2-4pm (Beginners and Intermediate) Quilters Meeting 5:15-7:45pm	25 Retirees Meeting 9-11am Boulder Mountain Parke Working Group Meeting 9:30-10:30am	26 Pickleball Drop In Advanced 9-11am Retirees Bocce 10am-12pm Mah Jongg 1:30-4pm Pickleball Drop In 2-4pm (Beginners and Intermediate) Dance 2:30-6:30pm	27 Regular ARC Meeting 8-11am Retirees Tennis 9-11am Board Meeting 6-8pm	28 Pickleball Drop In Advanced 9-11am Pickleball Drop In 2-4pm (Beginners and Intermediate)	29

Las Sendas Lifestyle

Activities to Do – Events to Discover

PRE-REGISTRATION IS REQUIRED FOR ALL COMMUNITY EVENTS.

You can register and pay at the Trailhead Members Club or call 480.357.8780. For detailed information, please visit www.thetrailhead.org.

SNOW DAY

Come join us at The Trailhead Parke for one of the best events of the year! There will be 20 tons of snow for you and your family to enjoy. If snow isn't your thing, there will also be a bounce house and a breakfast food truck.



Location: Trailhead Parke
Date: Saturday, January 25
Time: 10am-12pm

FOOD TRUCK FRIDAYS— FEBRUARY 7

The first edition of Mesa Food Truck Friday in 2020 will be held at Boulder Mountain Parke and features food from some of your favorite trucks! Some of those trucks include: The Patty Wagon, Waffle Luv, French Me LLC, OMG! Yogurt & Shaved Ice, Flyin' K BBQ, Corndog Company, Lumberjacks Taco Shack, Tzikii Food Truck, Cousins Maine Lobster and more! Bring your family and come enjoy an evening of great food and great company!

This event is brought to you by Las Sendas Community Association, KOR Properties and the new Fat Cats in Mesa. For more information and upcoming dates:

www.facebook.com/MesaFoodieFridays

Location: Boulder Mountain Parke
Date: Friday, February 7
Time: 5-9pm
Fee: Depends on individual truck menu prices

VALENTINES DANCE

Put on your dancing shoes and grab a partner for the annual Valentines Dance at The Trailhead. This event is catered for families (Father-daughter, mother-son) and includes dinner, photo booth, DJ, games and dance contests!



Location: The Trailhead
Date: February 8
Time: 6-8pm

SAVE THE DATE FOR THE FOLLOWING EXCITING EVENTS...

Easter Egg Hunt
Ladybug Release

Interested in playing in a tennis or pickleball league?

Call Lori Thornton at 480.717.7208 or lori.trailhead@gmail.com for more info.

FUN DROP-IN PICKLEBALL

This is a player-managed social group for Las Sendas residents, designed for you to drop-in without any prior sign-up or cost. Just come and have fun playing the fastest growing sport in the country while making incredible new friends! All ability levels are welcome to play during the drop-in sessions.

Players split into advanced, intermediate and beginner categories and choose a level of play based on their ability and where they feel most comfortable. Players form groups of four, determine partners and begin playing on one of the reserved courts. A paddle rotation system ensures players have an opportunity to play with different partners and in different groups of four during the drop-in times.

If you are interested in joining us for some fun social interaction, want some exercise or develop your Pickleball skills, just drop-in and give us a try! You can contact Doris Brashear at dorisbrashear@cox.net to have your name added to the drop-in email distribution list or contact Doris via email if you have any additional questions.

Location: Boulder Mountain Parke
Advanced Group 9-11am
Monday, Wednesday, Friday
&
Intermediate & Beginner Group 2- 4pm
Monday, Wednesday, Friday

RETIRES PLUS TENNIS

With comfortable temperatures and most of our winter visitors returned, the Retiree's Tennis group is in full swing. If you have an interest in playing tennis, now is a good time to give our group a try. If you have played in the past and like to get back in the game, or you are an avid player, all skill levels are welcome. There are no fees or sign up required just come on Thursday mornings 9:00-11:00 to the Sonoran Hills courts (lower courts) for a fun social interaction.

For more information contact Ulla Kukora at cellmom@hotmail.com or call 215-920-1788.





8 COUNT DANCE

Contact: Andrea T. Polyak
480-234-3952 or office8cd@yahoo.com
Register online at www.8countdancestudio.com

SPRING 2020 SESSION WILL START JANUARY 15th. **BACK TO WEDNESDAYS!**

Dress Rehearsal is tentatively planned for May 19 or 21, 2020 and Recital for May 23, 2020 at Desert Ridge High School.

Preschool Twinkle Stars

Length: 16 weeks
Age: 3-4 yrs old Min/Max: 4/10
Class Fee: \$140, Supply Fee: \$50
Date: Wednesdays, Jan. 15-May 20,
NO CLASS 3/11 & 3/18
Time: 3-3:45pm

An age specific 45-minute class containing ballet, tap and jazz/creative movement. The purpose of the class is to introduce young dancers to the three styles of dance and inspire movement and creativity within a positive environment. Dancers will also learn basic steps and terminology in all three styles. For example, all dancers will learn what a “plie” is and how to demonstrate one. The use of fun, age appropriate music engages the young dancers’ minds and bodies. The use of props such as hula hoops for the “freeze dance” makes the end of class the most fun! Tap & Ballet Shoes recommended.

Twinkle Stars

Length: 16 weeks
Age: 5-6yrs old Min/Max: 4/10
Class Fee: \$140, Supply Fee: \$50
Date: Wednesdays, Jan. 15-May 20,
NO CLASS 3/11 & 3/18
Time: 4-4:45pm

An age specific 45-minute class containing ballet, tap and jazz/creative movement. The purpose of the class is to introduce young dancers to the three styles of dance and inspire movement and creativity within a positive environment. Dancers will also learn basic steps and terminology in all three styles. For example, all dancers will learn what a “plie” is and how to demonstrate one. The use of fun, age appropriate music engages the young dancers’ minds and bodies. The use of props such as hula hoops for the “freeze dance” makes the end of class the most fun! Tap & Ballet Shoes recommended.

Show Stars

Length: 16 weeks
Age: 7-9 yrs old Min/Max: 4/10
Class Fee: \$145, Supply Fee: \$65
Date: Wednesdays, Jan. 15-May 20,
NO CLASS 3/11 & 3/18
Time: 5-6pm

An age specific 60-minute class containing tap & jazz. This class is perfect for the dancer who has taken at one year or more of consistent dance. Students continue to master Al Gilbert Grade 2 tap and jazz programs. Tap and Jazz shoes are required. Two Dances will be taught for the recital.





HOW IS YOUR TIMING?

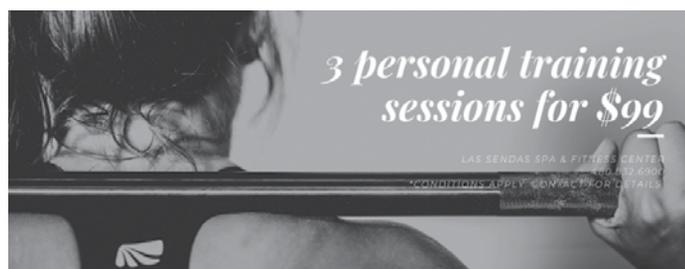
By Mark Swartz

If you consistently do resistance training (lift weights or use a weight machine), you may at times be looking for ways to make certain exercises more demanding. Common approaches are to increase the weight, add reps, or add sets. Another method that is less common is to add time to the movement, or as it is called, doing “tempo work”. Performing tempo repetitions increases the time that the muscle groups are under tension. Time under tension, or T.U.T. (see all the things you’re learning) takes concentration and attention to proper technique. (Attention to proper technique should always be a priority!)

Sometimes tempo workouts can have prescribed times. I’ll explain a Pulldown exercise that has a 4-1-4 tempo. After getting into position, pull the bar or handles down to chin level taking 4 seconds to do so. Then hold the bottom position for 1 second, then take 4 seconds to return to starting position.

Give it a try and you’ll be surprised how much more challenging your workouts will be.

Mark Swartz
C.S.C.S. / NSCA-PT



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mcollins@thetrailhead.org
to schedule a tour today!

The Trailhead Members Club offers an intimate space with beautiful city views and lets you customize your event to meet your needs.

New Year = New You!

Start 2020 with a clear vision as you learn how to navigate everyday challenges with the peace and balance that yoga can provide. The Spa and Fitness Center now offers a special package that includes two private yoga training sessions and a private Off the Mat yoga session. This individual coaching is designed to help you deepen your practice through alignment cues and learn how to keep that peaceful feeling you experience during yoga when you step OFF the mat and out into the world. You will learn guidelines and tools from ancient Yoga texts that you can use in your everyday life to help you deepen your personal relationships and gain a better understanding of your true nature. Give yourself the gift of physical and mental wellbeing by bringing this transformational practice into your life. Open to all levels from beginner to advanced.

(2) 60 min private yoga sessions
(1) 60 min Off the Mat session
\$99

Contact the Las Sendas Spa & Fitness Center to book your appointment. 480.832.6900.

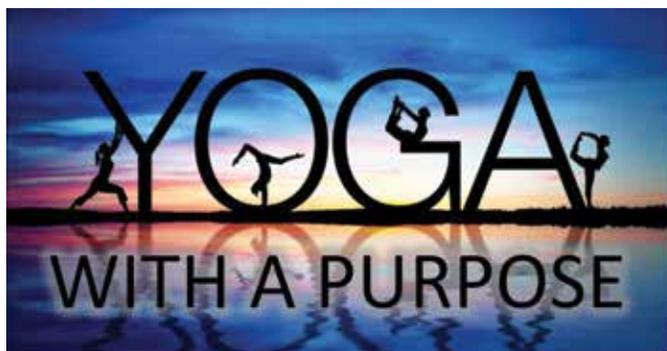
The instructor teaching these classes is Felicia DeBruin, E-RYT. Felicia is originally from Miami, Florida. After an injury ended her professional dancing career, Felicia discovered yoga and was immediately drawn to the mind/body connection it provides. She earned her certification studying under Master Yoga Teacher Rina Jakubowicz. Today, Felicia enjoys teaching beginner to advanced classes and encouraging students to “live in yoga” on and off their mat.



Las Sendas Spa & Fitness

JANUARY/FEBRUARY GROUP FITNESS CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7:30 Pilates Meg		7:30 Pilates Meg	7:00 Happy Hour Mark	
8:30 Barre Michelle	8:30 Cycle 45 Gina	8:30 Barre Tanya	8:30 Cycle 45 Gina	8:30 Barre Gina	8:30 Barre Victoria
9:30 Mat Pilates 45 Gina	9:30 Movement Sculpt Gina	9:30 Cardio Barre 45 Tanya	9:30 Movement Sculpt Gina		9:30 Restorative Yoga Jackie
10:15 Yochi Betsy	9:00 Aqua Jackie	10:15 Betsy's Choice Betsy	9:00 Aqua Judy		SUNDAY
11:15 Yoga Nidra Betsy			10:30 Zumba Cathy		9:00 Yoga Felicia
	1:00 p.m. SENIOR STRONG MARK		1:00 p.m. SENIOR STRONG MARK		**10:00 OFF The Mat Felicia
5:15 p.m. Barre 45 Victoria		5:15 p.m. Cardio Barre 45 Victoria		Club Hours: Mon–Thurs 5a to 8p Fri 5a to 7p Sat 7a to 5p Sun 8a to 5p	
6:00 p.m. Vinyasa Voga Judy	6:30 p.m. Yoga Felicia	6:00 p.m. Vinyasa Yoga Judy	6:30 p.m. Hatha Yoga Jackie		Please Note: Class formats, times and instructors are subject to change without notice.



Celebrate 2020 with a New Community Event!
The Las Sendas Spa & Fitness Center with The Williams & McBean Team invite you to join us for complimentary yoga sessions.

Where: Trailhead Parke
7900 E Eagle Crest Drive

Time: 8:30AM

Dates: Jan 26,

Feb 23, Mar 22,

Apr 26 & May 17, 2020

What to bring: Yoga mat, water, signed waiver via EventBrite.com

Optional \$15 gift card from Amazon, Target, or iTunes to benefit the children of **Make-A-Wish® Arizona**

Coffee Truck will be on-site!



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MICROBLADING

By Lori Maas

Bella Brows
at Las Sendas Spa
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schedule your appointment

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Las Sendas Spa
at the Trailhead

Patricia Phillips LPN., LE.

PLASMA PEN TREATMENT

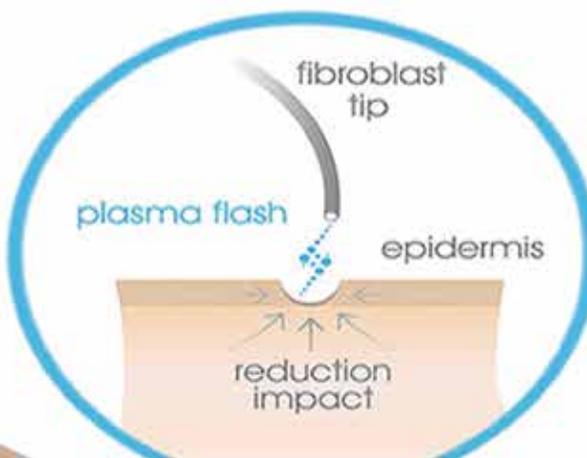


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Las Sendas Run/Bike/Tri Group

Las Sendas Run/Bike/Tri Group was founded in 2001 by Beverly Crupi to provide the opportunity for runners, cyclists and triathletes of all levels to train together. The group's mission is to provide a supportive and motivating environment for athletes to train and compete together. In coming together, we are able to achieve far more than we can on our own.

We post a weekly core schedule on Facebook. There will be a post for each date. Following this post in "Comments", members can share their workout plans and connect with other members. Find us on Facebook. <https://www.facebook.com/groups/lasendasrunbikettri/> or email bcrupi@cox.net.



Las Sendas Corvette Club

The Las Sendas Corvette Club was founded with the sole purpose of bringing community Corvette enthusiasts together. The Corvette Club is open to all community residents who own and share a passion for these cars. We are a



very informal club with no club fees or monthly meetings to attend. We normally have monthly social events that includes a cocktail social hour followed by a club dinner. We also plan monthly drive trips to points of interest around the southwest, participate in local car shows and attend other Corvette related functions.

Our club members' Corvette ownership spans all seven generations of Corvettes from 1953 to 2019.

Some of the 2020 Las Sendas Corvette Club events include the following:

- Ladies Night-In, Guys Afternoon Out - Tech Update
- Local drive events to Pima Air & Space Museum/Airplane Boneyard Tours (Tucson), Bisbee Mining Town Tour, Verde Canyon Railroad Tour, etc.
- Local and state-wide Corvette Shows such as Corvette night at Scottsdale Pavilions, Community car shows, Prescott Annual Corvette Show, etc.
- Long-distance road trips are planned to the Black Hills Corvette Classis in Spearfish, South Dakota, this June, followed by a fall drive event planned to the International Balloon Festival in Albuquerque, New Mexico, in October.

For additional club information, please contact Gary McMartin at gary.mcmartin@outlook.com or Mel Hahn at mellone747@hotmail.com.

Mesa Quilt Show

Set your calendars for an enjoyable afternoon at the annual Las Sendas Quilt show. The 33 members will be displaying beautifully constructed quilts of varying size, style, and palette. Every year the members choose a collaborative project as a showcase for the quilt show.



This year the focus will be "applique" which promises to delight and amaze with a variety of themes, sizes and colors. The members are very prolific and will be displaying many personal quilts and some will be for sale. Complimentary refreshments will be available for all attendees.

An important aspect of this club is that the members are dedicated to charitable projects which will be displayed at the show. For example, last year members proudly donated 33 quilts divided between the House of Refuge (transitional housing for the homeless); Helen's Hope Chest (foster children); and My Sister's Keeper (home for victims of domestic abuse). The club gave 140 pillowcases to Ryan House (provides pediatric palliative care at no cost to families), 80 bags to Harvest Compassion (food and clothing bank), and 42 dog beds top local animal shelters. At the end of the year an additional 24 quilts, 22 pillows, 2 fleece throws, and 16 stuffed animals were donated to Ryan House. In addition to the projects, members also gave monetary assistance: \$1,750 to Helen's Hope Chest to assist with Christmas gifts, and \$750 to Sunshine Acres (collected from the \$1 donations at the door of the quilt show).

Las Sendas Quilt Club meets on the third Monday of every month and schedules monthly "open sewing days" in which members demonstrate specific techniques, share tips/tricks, and offer friendly advice. These meetings provide opportunities to learn, share, and to focus on charitable projects.

What: Las Sendas Annual Quilt Show
 When: Sunday, March 29, 2020
 Where: Trailhead Members Club
 7900 E Eagle Crest Dr.
 Donation: \$1. Proceeds will be given to Sunshine Acres Children's Home

Adopt-A-Street – A Sense of Community

In March 2003, Las Sendas Community Association's residents Mike Moore and Doug Petite partnered with the City of Mesa to join its Adopt-A-Street program, offering the opportunity for LSCA volunteers to contribute in beautifying and maintaining **unimproved** street segments by clearing the areas of litter and debris. For nearly 17-years, dozens of LSCA volunteers have unselfishly contributed their personal time and effort to collect and remove tons of debris that has somehow migrated its way into our nearby desert flora.

So, why all the effort to clean up this particular area? Our designated cleanup area(s), located on the eastside of Power Road, (traveling one-mile north from Eagle Crest Drive), are in-fact, three individual parcels of land that are owned collectively by our very own Las Sendas Community Association (*). So, in reality, we're cleaning up our own backyard, an area that also encompasses a trail system that's used almost daily by walkers, dog owners, and biking enthusiasts.

Our goal is to provide an enjoyable desert for everyone, and a BIG THANK YOU goes out to all past and present volunteers! Next time you're walking or driving North or South along Power Road, just remember, the East side of the road belongs to you!

Planned Clean-up dates for 2020 are:

March 14

June 13

September 12

December 12

Please contact John Oldham for more information – jhold62014@gmail.com

*Use Maricopa County Assessor's website <https://maps.mccassessor.maricopa.gov/> to locate the intersection of Eagle Crest Dr and Power Rd. and learn more about the area.



Retiree's Club

By Carolyn Suever

Hi everyone - by the time you read this edition of the Vision, all the Holiday Madness will be behind us! Such a busy but fun time of the year.

During the past two months, we have had a wonderful variety of speakers. Many thanks to Jeanine Simpkins for the great job she has done bringing in such interesting people to educate and entertain us. One in particular was the TSA team who train the bomb sniffing dogs - yes, they brought the dogs and we were in awe of their abilities and intelligence.

In November we celebrated Veteran's Day with a fall social spearheaded by Karen Beasley. Everyone enjoyed a dinner of turkey along with a variety of dishes brought by attendees. Also, in November, new officers were installed for the coming year. A huge thank you to the dedicated officers who served far beyond their one year term!

We have a tradition of attending a Christmas Show at the Silver Star Theater in December and we always look forward to the talented Rhythm Cats. Also in December, a Christmas Party was enjoyed by members and was held at The Trailhead. Many thanks to Carla Ebert, Karen Jaskowski and their committee for all your hard work.

Our meetings are held on the 2nd and 4th Tuesdays of the month in The Trailhead meeting room beginning at 9:00am with a coffee social followed by a business meeting and ending with a program. A lunch is scheduled at a local restaurant following the meetings. Please come join us - we have a variety of activities to enjoy! You don't even have to be retired :)



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District 5 Updates
From your
Councilmember
David Luna



With this great Arizona winter weather, the Mesa Parks and Recreation Facilities Department has many wonderful activities lined up to begin the year 2020. So, as you begin to prepare and bring in the New Year, take advantage of some of the great programming our City has to offer.

Mesa Parks & Recreation Facilities 2020

Spring Program Registration starts January 2nd. Please be on the lookout for our new program guide coming soon! To register visit <https://www.mesaparks.com/sports-programs/registration>

- January 25th marks the Signal Butte Park Grand Opening. Details are still being finalized with more information to be announced: <https://www.mesaparks.com/parks-facilities/parks/signal-butte-park>.
- Mesa Tennis Center is busy with lots of activity. We are proud to announce that a national Pickleball Tournament will be coming in February. You can visit the Calendar of Events, call 480-644-3874 for more information, or click on the the visit us online for more details: <https://www.mesaparks.com/parks-facilities/sports-facilities/mesa-tennis-center>.
- Mesa Parks are a great place for a family gathering out in nature. Reserve a picnic ramada and hold your family gathering at one of our beautiful parks: <https://www.mesaparks.com/parks-facilities/reserve-a-ramada>.
- Furry family members who are on a leash are always welcome at City of Mesa Parks. Mesa also has three Off-Leash dog parks located at Countryside Park, Eastmark Great Park and Quail Run Park. The dog parks are open daily and further information can be found on their dedicated sites:

Countryside Park - <https://www.mesaparks.com/parks-facilities/parks/countryside-park>, Eastmark

Great Park - <https://www.mesaparks.com/parks-facilities/parks/eastmark-great-park>,

Quail Run Park - <https://www.mesaparks.com/parks-facilities/parks/quail-run-park>

Have fun out there and enjoy this great time to participate in some of these outdoor activities. As always, if I can be of service to you or you wish to speak with me, I can be reached via email at district5@mesaaz.gov or by phone at 480-644-3771.

Las Sendas Book Club

Come and give us a try! The Las Sendas Book Club is open to everyone in the community. Meetings are held on the second Tuesday of every month from 6:30 – 8:00 pm at the Trailhead Members Club. This is a wonderful way to get to know your neighbors, read interesting books and enjoy lively conversation. New members are always welcome. For more information about the book club please contact Janet Bartelt at 480-206-5089 or janet.k.bartelt@gmail.com. See you there!



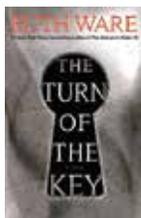
January 14
Dead Wake by Erick Larson

From the #1 New York Times bestselling author and master of narrative nonfiction comes the enthralling story of the sinking of the Lusitania.

On May 1, 1915, a luxury ocean liner as richly appointed as an English country house sailed out of New York, bound for Liverpool, carrying a record number of children and infants. The passengers were anxious. Germany had declared the seas around Britain to be a war zone, and for months, its U-boats had brought terror to the North Atlantic. But the Lusitania was one of the era's great transatlantic "Greyhounds" and her captain, William Thomas Turner, placed tremendous faith in the gentlemanly strictures of warfare that for a century had kept civilian ships safe from attack. He knew, moreover, that his ship - the fastest then in service - could outrun any threat.

Germany, however, was determined to change the rules of the game, and Walther Schwieger, the captain of Unterseeboot-20, was happy to oblige. Meanwhile, an ultra-secret British intelligence unit tracked Schwieger's U-boat, but told no one. As U-20 and the Lusitania made their way toward Liverpool, an array of forces both grand and achingly small - hubris, a chance fog, a closely guarded secret, and more--all converged to produce one of the great disasters of history.

It is a story that many of us think we know but don't, and Erik Larson tells it thrillingly, switching between hunter and hunted while painting a larger portrait of America at the height of the Progressive Era. Full of glamour, mystery, and real-life suspense, *Dead Wake* brings to life a cast of evocative characters, from famed Boston bookseller Charles Lauriat to pioneering female architect Theodate Pope Riddle to President Wilson, a man lost to grief, dreading the widening war but also captivated by the prospect of new love. Gripping and important, *Dead Wake* captures the sheer drama and emotional power of a disaster that helped place America on the road to war.



February 11
The Turn of the Key by Ruth Ware

When she stumbles across the ad, she's looking for something else completely. But it seems like too good an opportunity to miss—a live-in nannying post, with a staggeringly generous salary. And when Rowan Caine arrives at Heatherbrae House, she is smitten—by the luxurious "smart" home fitted out with all modern conveniences, by the beautiful Scottish Highlands, and by this picture-perfect family.

What she doesn't know is that she's stepping into a nightmare—one that will end with a child dead and herself in prison awaiting trial for murder.

Writing to her lawyer from prison, she struggles to explain the unravelling events that led to her incarceration. It wasn't just the constant surveillance from the cameras installed around the house, or the malfunctioning technology that woke the household with booming music, or turned the lights off at the worst possible time. It wasn't just the girls, who turned out to be a far cry from the immaculately behaved model children she met at her interview. It wasn't even the way she was left alone for weeks at a time, with no adults around apart from the enigmatic handyman, Jack Grant.



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****CALL FOR CURRENT PRICE****



**MLS#5994028 (LAKESIDE IN VAL VISTA LAKES)
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