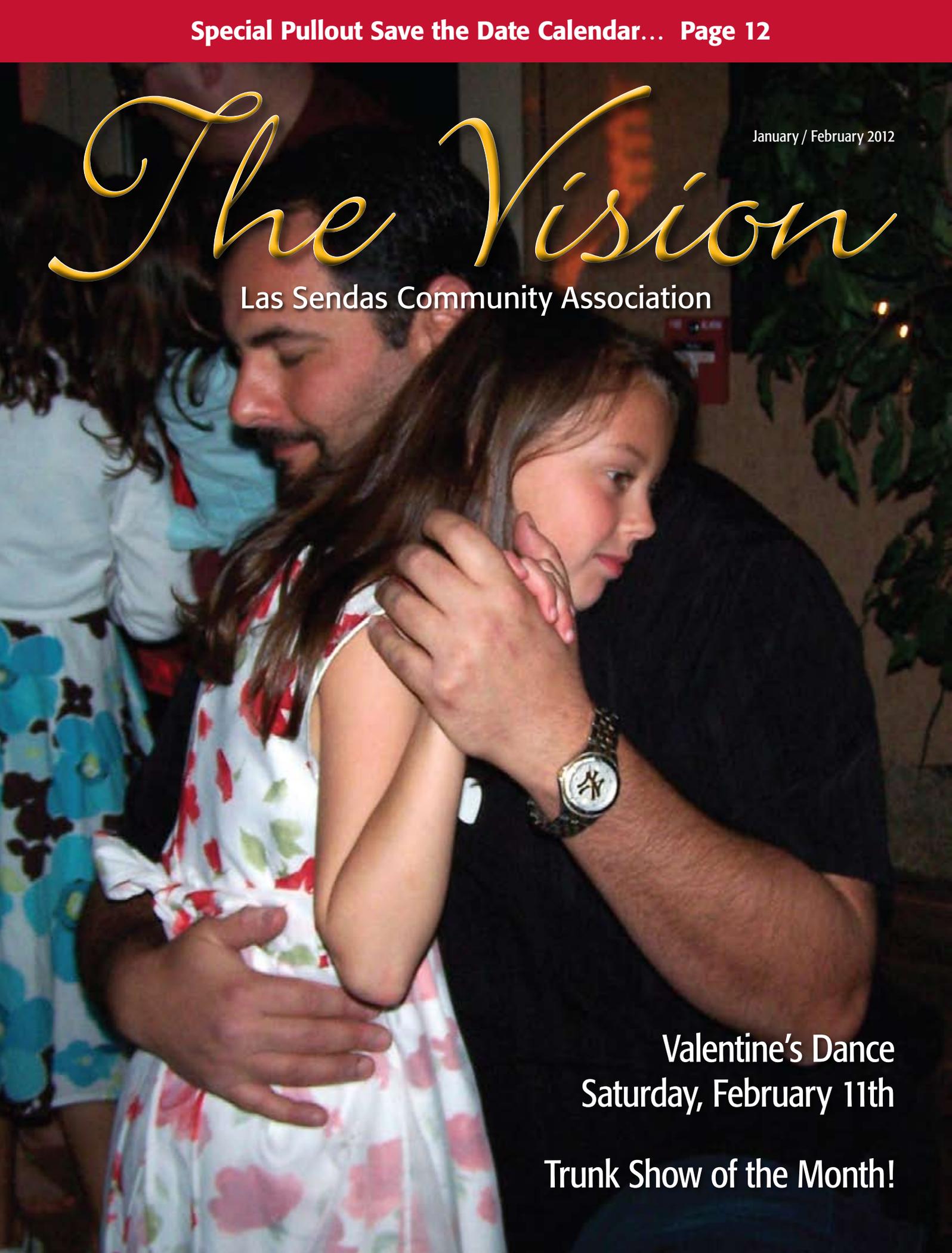


January / February 2012

# The Vision

Las Sendas Community Association



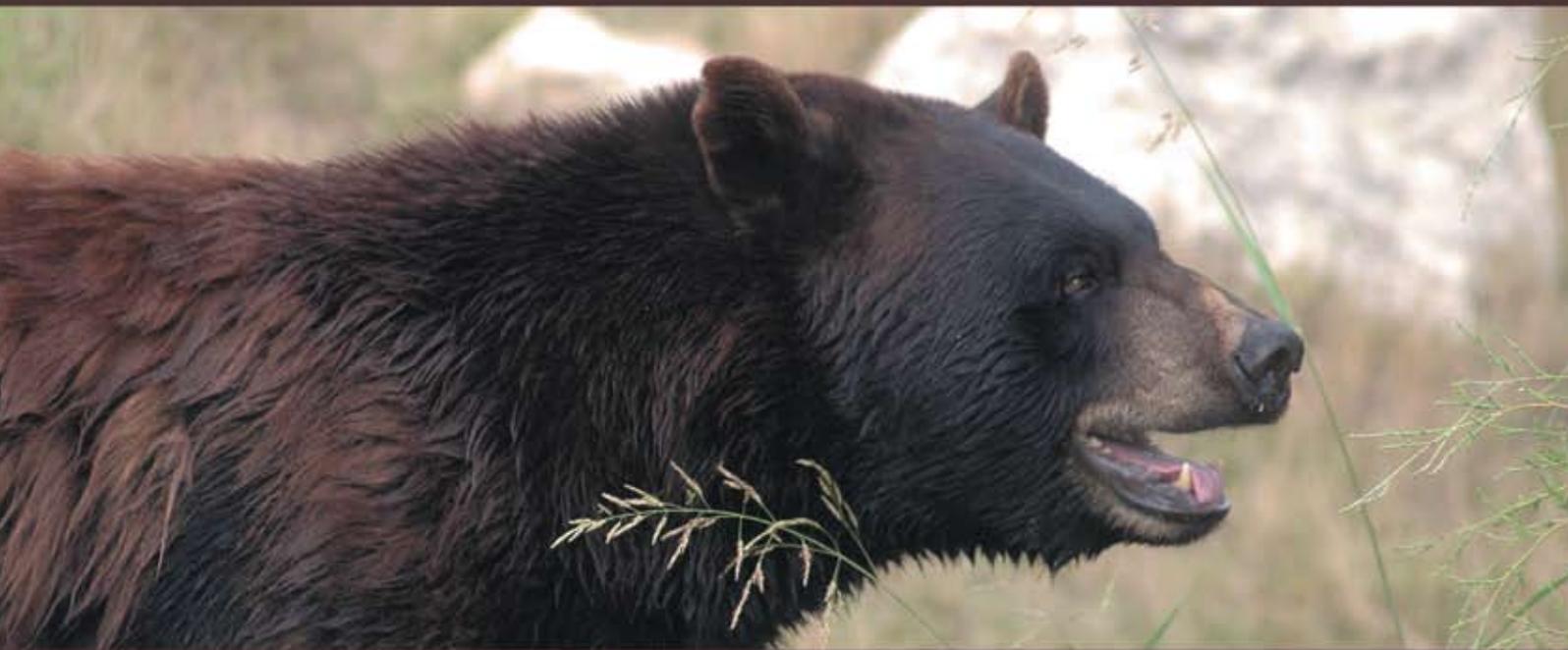
Valentine's Dance  
Saturday, February 11th

Trunk Show of the Month!

# BEARIZONA

## Drive-Thru Wildlife Adventure

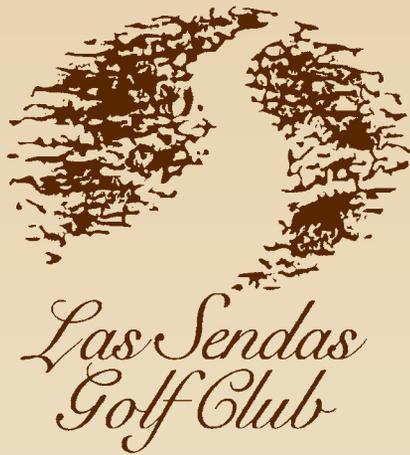
Hwy 64 and I-40 in Williams, AZ | [www.bearizona.com](http://www.bearizona.com) | 928-635-2289



**IT'S WILD!**  
**LIKE THE WEST ONCE WAS**  
— AT THE —  
**GATEWAY TO THE GRAND CANYON**

Experience wildlife in their natural environment. From the safety and comfort of your own vehicle, enjoy majestic bison, nimble big horn sheep, stealthy wolves and more. Don't miss the walk-thru area where guests can view adorable bear cubs and smaller animals. BEARIZONA is a must see while visiting the Grand Canyon.





*Join us at Bogey's Steak & Seafood and experience our exquisite Prime steaks and fresh seafood selection while entertaining guests or enjoying a quiet night out.*

*The Rusty Putter offers Valley locals and guests a fine selection of appetizers along with our signature cocktails. For sports buffs, the Rusty Putter's 7 flat screen televisions allow you to view the best sporting events. Or just sit back and enjoy the live entertainment and sunset views from the Viewpoint Patio.*

*The Viewpoint Patio is the East Valley's best kept secret with marvelous panoramic views of the city. We will continue to offer guests great flavors from the Rusty Putter Menu while experiencing live entertainment Wednesday through Saturday evenings.*

*We are excited to share Valentine's Day with you too! Come celebrate a romantic dinner with you sweetheart for only \$98 per couple. For more information and our Valentine's Day menu you may contact our Food and Beverage office.*

*If you have any questions or have any interest in planning a special occasion with us please call us at 480-396-4000, ext. 206.*

## *Champagne Brunch*

Assorted Fresh Salads  
Fresh Seasonal Fruit  
Cheese Tray  
Antipasto Platter  
Poached Eggs Benedict  
Applewood-Smoked Bacon  
Country Pork Sausage Links  
Fresh Pastries & Breads  
Roasted Seasonal Vegetables  
Potatoes Lyonnaise  
Chicken Chasseur  
Baked Alaskan Salmon with Langostino Cream

### Chef Attended Omelet Station

Eggs Made To Order

### Carving Station

Slow-roasted Prime Rib of Beef

Apple Crisp

Assorted Pies & Cheesecakes



**Every Sunday  
from 10am-1pm**

**Adults**

**\$19.95**

**Children (Ages 6-11)**

**\$9.95**



▶ Your HOA...

- 3 Meet Your HOA  
Association Contact Information

▶ Las Sendas - Building a Sense of Community...

- 4 Spc. Michael Davis Elm  
Neighborhood Watch Program

▶ Current News and Notes...

- 5 LSCA Management Briefs:  
Las Sendas Board Bits  
No Assessment Increase for 2012  
Rossmar and Graham Employees  
Recognized at Las Sendas  
E-Statements
- 7 Committee Corner  
LSCA Website & Vision Express -  
We Need Your Email Address!

▶ Home and Landscape...

- 7 Landscape Update -  
Four Peaks Landscape  
Architectural Guideline Update  
Compliance  
Trailhead Pool Renovation

▶ Health & Well Being...

- 15 January/February Featured  
Trunk Shows  
January 14th Body Pump Launch!  
Circuit Sense  
Winter Splash and Fit  
Tree House Child Watch  
DotFit Special
- 15 Go Take a Hike
- 16 Holiday Spa Tip & Specials

▶ In Every Issue...

- 12 Save the Date! - Event Calendar
- 21 Product & Service Directory

▶ Community Spotlight...

- 18 The Las Sendas History Project  
Mom's Group  
5th Annual Neighborhood Watch BBQ
- 19 Las Sendas Retirees  
Michael Bustamante Stepping Down  
Lori Thornton is New Head Tennis Pro
- 20 Desert Rose Preschool  
Las Sendas Book Club  
Las Sendas Women's Group  
Adopt a Street  
Wireless Access at The Trailhead

▶ Features...

- 9 Las Sendas Lifestyle
- 17 Ethan's Run



Valhalla  
Community Magazines  
www.Valhalla360.com

The Official Magazine of Las Sendas  
Community Association

This magazine is delivered to all homeowners and businesses in the Las Sendas Community bi-monthly. You have received this publication because your HOA believes you take pride in your home environment and community.

We are always interested in your comments or suggestions.

While efforts to ensure accuracy are exercised, the publisher assumes no liability for the information contained in editorial content.



# Meet Your HOA

## Las Sendas 2012 Board of Directors

President  
 Barbara Carpenter ..... bclscabd@gmail.com

Vice-President  
 Jeff Brugos ..... jeffbrugos@aol.com

Secretary  
 Joe Ballway ..... jhballways@cox.net

Treasurer  
 Paul Shields ..... paulwshields@cox.net

Member  
 Brett Bieberdorf ..... brettblsca@gmail.com

Member  
 Kevin Roberg ..... lscabod.roberg@gmail.com

Member  
 Jim Travis ..... lshoaboard@yahoo.com

## Las Sendas Community Association Staff Directory

Community Manager  
 Doug Austin ..... daustin@thetrailhead.org

Community Asst. Manager  
 Anthony Martin ..... amartin@thetrailhead.org

Compliance Coordinator  
 Calee Burch ..... cburch@thetrailhead.org

Administrative Assistant  
 Rita McDannald ..... rmcdannald@thetrailhead.org

Administrative Assistant  
 Pam Pratt ..... ppratt@thetrailhead.org

Patrol Director  
 Charlie Ralls ..... cralls@thetrailhead.org

Director of Maintenance  
 Marc Sparling ..... msparling@thetrailhead.org

Lifestyle Director  
 Jennifer Graffice ..... jgraffice@thetrailhead.org

Assistant Lifestyle Director  
 Kristha Lima ..... klima@thetrailhead.org

## Association Contact Information

**Trailhead Members Club**  
 7900 East Eagle Crest Drive  
 Mesa, AZ 85207

**Community Association Office**  
 480.357.8780

**Community Association Fax**  
 480.357.7687

**Lifestyle**  
 480.357.8780

**Trailhead Athletic Club & Spa**  
 480.832.6900

**Community Patrol**  
 480.220.1794

**Rossmar Customer Care Center**  
 480-551-4300

info@thetrailhead.org  
 banquets@thetrailhead.org  
 www.thetrailhead.org  
 www.RossmarConnect.com/LasSendas

**Association Office Hours**  
 Monday – Friday  
 8:00am-5:00pm

**Trailhead Members Club Lobby Hours**  
 Monday – Friday  
 8:00am-8:00pm  
 Saturday & Sunday  
 10:00am-4:00pm

**Trailhead Athletic Club Hours**  
 Monday – Thursday  
 5:00am-8:00pm  
 Friday  
 5:00am-7:00pm  
 Saturday  
 6:00am-5:00pm  
 Sunday  
 7:00am-5:00pm

**Pool Hours**  
**Daily**  
 6:00am-10:00pm



## Spc. Michael Davis Elm



Michael Elm

Spc. Michael Davis Elm, 25, died October 14, 2011 while proudly serving his country in Afghanistan. Michael was born on November 27, 1985 in Mesa, AZ. He graduated from Greenway High School and attended the University of Maryland, Baltimore County.

Michael graduated as the “Honor Graduate” from the Army Basic Training school at Ft. Benning, and served in A Company, 1st Battalion, of the 26th Infantry Regiment, 3rd Brigade, First Infantry Division at Fort Knox, Kentucky (“the Big Red One”).

Although we did not have the pleasure to meet him in person, his family painted an amazing picture of Michael that was awe inspiring. He volunteered for several organizations, adored his godsons, an amazing friend, and a wonderful son, grandson, brother, nephew and cousin. We all felt like we had known him or at least wish we had. We were honored that his family chose Las Sendas to

celebrate his life. Michael was buried with full military honors at Arlington National Cemetery.

Please see below a letter from his Aunt, Karen Samson, a Las Sendas resident.



Michael and his godson



Donna Elm pinning Mike with his “Honor Graduate” pin at Basic Training graduation.

Dear President Ballway and Members of the Board:

My husband and I are the aunt and uncle of Army SPC Michael Davis Elm who was killed in military service to this country on October 14, 2011 in Afghanistan. As representatives of Michael's family we would like to express our extreme gratitude for the support our family has received from the Las Sendas community at large, and more specifically the Trailhead Members Club facility and staff.

Immediately upon learning of Michael's death on October 15th, his parents, Donna and Dennis Elm, who recently moved out of state, requested that we organize a Celebration of Michael's Life on behalf of the family in the Phoenix area. They further requested that it be held as quickly as possible, preferably the week-end of October 22-23. They requested a private event where friends and family could come together to laugh, and cry and tell stories for Michael. We thought we would be planning for 100 -125 people. In the late afternoon of Sunday, October 16th, in our shocked and grief stricken state we walked into the Trailhead Members Club without an appointment where we were greeted by Anne who was working with a private baby shower that was winding down. When we told her what we were facing and what we were trying to do she took time to show us the facility, to brainstorm what the Trailhead could do for us and checked the schedule for the following week-end. There was a large wedding scheduled for Saturday night, but time would be available Sunday, October 23rd. Anne was kind, compassionate and very helpful. She wrote notes for Kristha and suggested we come back in the morning to speak to Kristha to finalize a contract.

We followed up with Kristha the next morning, who was equally as kind, compassionate and helpful. We had the event scheduled and a chaotic week of planning and organizing was set into motion.

Although we probably should have been, we were not prepared for the public attention and interest this event would attract. Our numbers kept growing, the press began calling, and people from all areas of the public started showing interest in attending. That's when Kristha and Jennifer stepped in and proactively started helping us anticipate logistical and security issues. They planned for an overflow crowd and brought in all the resources the Las Sendas Community Association had to offer, include the Patrol Director, Charlie Ralls. They also suggested that we contact the Patriot Guard Riders to help provide extra security and to protect us from uninvited press. We know that they worked diligently behind the scenes and that we will probably never know the extent of the extra time and effort they put into this event. During the entire process they were reassuring us that we did not need to worry, they had things under control and that “this is what they do”.

When all was said and done our 100 - 125 person event snowballed into a 327 attendee ,memorial service with an additional 100+ person flag line at the entrance of the Trailhead composed of Patriot Guard Riders and Boy Scouts, and this was without opening up the event to the general public. This event ended up being the largest event the Trailhead has ever had and it was put together in just seven days. The professionalism, attention to detail, initiative and dedication demonstrated by the Trailhead staff; particularly by Jennifer, Kristha, Charlie, Anne, Lori and Anthony; resulted in an overwhelmingly successful memorial to a soldier who gave his life for this country and it touched his family deeply. When Michael's mother was asked afterward if the celebration was what she had in mind her tearful response was that it was, even better than she expected and that it gave Michael the honor she felt he deserved.

As residents of Las Sendas we chose to live here because we knew this was a special community, but we never fully understood just how special. The support and understanding this community has given us has been overwhelming, the employees that represent this community did an exemplary job under excruciatingly difficult circumstances, and we as a family have been deeply and forever touched.

On behalf of the family of SPC Michael Davis Elm I stand here tonight to say thank you and to express our deepest gratitude.

Sincerely,

Karen Samson

If you would like us to promote a neighborhood gathering in your community or need help putting something together, email Kristha at [klima@thetrailhead.org](mailto:klima@thetrailhead.org).

## LSCA Management Briefs

# Las Sendas Board Bits

By Barbara Carpenter, LSCA President

Thank you for voting your confidence in the 2010 Board of Directors by re-electing three who offered to serve again. I am thankful for the solid foundation upon which we enter this year. Outcomes and processes exceed what we expected a year ago and we are well on our way to accomplishing our renewed vision, mission, and long and short range goals.

In my fifteen years with Las Sendas, conversations about Association assets and amenities seem rife with confusion. I would like to add some clarity to this discussion. My first point: the Las Sendas Community Association was never intended to be just another HOA (Home Owners' Association). We each have invested in a beautiful "home" for various reasons. Collectively, we own more than a "home." We own structures, landscaping, neighborhood streets, water features, monument signs with lovely copper lettering, two mountains, a web site, Reserve funds, a couple of businesses and bills to pay. What is it that gives our investments—personal and collective—value? What attracted you to become an LSCA member? One answer is "community." Another might be "location." Even more might be "assets" and "amenities" or "prestige."

The CAI (Community Associations Institute) defines "asset" as "the community association" and lists physical property, financial position, legal standing, and image of the association as elements. But I would go further: what is our greatest asset? Why, it is YOU, of course. Each of you, as members in good standing, provide the funding (quarterly assessments) to take good care of our physical properties. You comply with the "rules" as you agreed when you purchased your property. You respect your neighbor and vice-versa. You participate and vote for your leadership. We all benefit from your contributions. Your Board of Directors is responsible for collecting, spending and investing your funds and for protecting the Association's legal standing. Most of this is done without you losing any sleep

over it. But who is responsible for the Las Sendas image?

You are. We are. The Board of Directors and Rossmar are very careful about publicly airing only a positive image of Las Sendas. Are you? Are you a complainer or a bragger about where you live and about your association to your friends, relatives, and even strangers? A couple of years ago, I was asked by a stranger, a produce worker in a neighborhood grocery store, about a controversial Las Sendas issue that should have been anything but public knowledge. Are you concerned about your home values in the real estate market? If so, you also should be concerned about the Las Sendas image and its value as a community and live it as well as you possibly can.

No Association or HOA board can directly affect the market value of your home. Claiming or demanding such an impossible feat is beyond foolish. All we can do is responsibly carry out our duties as prescribed in our governing documents. You, the members, however, can do much to influence the value of Las Sendas and the LSCA. First, be aware of what is happening with your neighbors, Board decisions, activities at The Trailhead; and be supportive or contribute to a problem solution. Get involved and separate facts from fiction. Second, give feedback to your leaders through the Community Manager. Third, ask the Community Manager for help if you need it. He is the "go-to" person for all problem resolutions and communications. And, he's a very nice guy. Fourth, be kind to Rossmar's on-site staff. They like working at Las Sendas; let's keep it that way.

Fifth and most important, new candidates for director seats and standing committees are needed every year. No one is making a career of LSCA volunteer service; knowledgeable and qualified candidates need to step up, learn and serve in turn. If you don't, will leadership deteriorate in two, four, or six years? Will community value follow suit? You are our greatest asset and always will be. How you step up determines how Las Sendas measures up. Stay tuned for opportunities.

Next issue: Amenities: just what are they at Las Sendas?

## No Assessment Increase for 2012

The Las Sendas Community Association is pleased to report that the current level of assessments sufficiently supports the budgeted needs of the community for 2012. Please see your January statements for the 2012 budget summary.

## Rossmar and Graham Employees Recognized at Las Sendas

Congratulations to Las Sendas Community Manager, Doug Austin, for his achievement in being named Rossmar and Graham's Manager of the Month for November, 2011.

Congratulations also go to The Las Sendas Lifestyle Director, Jennifer Graffice, for being named Employee of the Month for November 2011.

## E-Statements

Las Sendas Community Association and Rossmar & Graham are pleased to now offer eStatements for our residents who would like to take advantage of a convenient way to access your statements 24 hours a day. Some of the benefits include:

**Convenient Access:** Check e-Statements anytime, anywhere. Simply log in and view up to 12 months of complete online statements.

**Reduced Risk:** Using eStatements protects users from fraud and identity theft by eliminating unnecessary paper statements that include personal account information.

**Go Green.** eStatements reduce users' paper consumption and carbon footprints, making this a better environmental option.  
Log on to [Rossmar.com/eStatements](http://Rossmar.com/eStatements) to get started.

## Committee Corner

The Audit, Custom and Regular Architectural Committees are seeking new members. For an application visit the Committees page at [www.thetrailhead.org](http://www.thetrailhead.org) under Community or stop by the Association Office. For additional information on the Audit Committee contact Jeff Brugos at [jeffbrugos@aol.com](mailto:jeffbrugos@aol.com); for Regular or Custom Architectural Committees contact Anthony Martin at [amartin@thetrailhead.org](mailto:amartin@thetrailhead.org).

## LSCA WEBSITE AND VISION EXPRESS-

### We Need Your Email Address!

As part of the management services offered by Rossmar and Graham, the Association has taken advantage of a new community website to assist homeowners in getting access to important information regarding the community. We encourage you to visit: [www.rossmarconnect.com/lasendas](http://www.rossmarconnect.com/lasendas)

If you have any questions regarding the website or issues registering you may contact our Customer Care Center at 480-551-4300. Don't miss out- register today!



**BRIDGES PRESCHOOL**

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- ★ SMALL CLASSES
- ★ AFFORDABLE!

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**\$0 Enrollment Fees!** 480-924-8008

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- Interior & Exterior re-painting
- Drywall wood and stucco repair
- Popcorn ceiling removal
- Garage floor coatings
- Accent walls
- Stain & finish update cabinets
- Fine custom work & faux finishing

**Up-date existing tubs, showers, sink, and counter tops to durable granite coating**

**Bob Olsen**  
**(480) 830-6362**

Licensed, Bonded, Insured

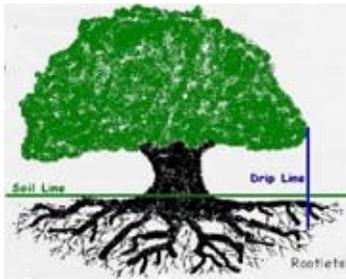
Clean and Professional • 25 Years Experience



## Landscape Update - Four Peaks Landscape

### GET THOSE EMITTERS AWAY FROM THE TRUNK

One of the best practices that can be completed for the health of your trees is to move the drip emitters away from the trunk of the tree. Usually when new trees are installed, the drip emitters are placed close to the tree trunk since that is where the bulk of the roots were located from the nursery container. As the tree matures the roots need to be forced out to help support the



© Copyright GardenGrapewire.com

Relocating emitters out to the canopy drip line will help force root growth away from the trunk of the tree.

canopy and create a stable base. Moving the emitters away from the trunk and out to the edge of the root drip line will help accomplish this.

Emitters and the distribution tubing connecting them can be pulled back out of the ground and buried to their new locations around the tree to provide even water.

Some additional distribution tubing may need to be added.

Moving the emitters annually is an important part to promoting a healthy stable tree. This practice should go hand in hand with proper watering and canopy thinning.

## Architectural Guideline Update

The Architectural Guidelines have been updated and are now available online at [www.thetrailhead.org](http://www.thetrailhead.org) and [www.rossmar.com](http://www.rossmar.com). You can also pick up a hard copy from the Association office at 7900 east Eagle Crest Drive, Mesa 85207. If you need more information, please contact the Association Office at (480) 357-8780.

## Compliance

### Dogs Off Leash

Owners need to be aware that dogs must be kept on a leash in all parks and common areas throughout



Las Sendas (CC&R's Article 3.13). The Association has provided pet pickup stations at many locations throughout the community for dog owners' convenience. Please remember to be respectful of your neighbors and clean up after your pet.

### Homeowners' New Year Resolutions

I resolve to:

- Be sure that my dog(s) are not barking when I am not at home if they are left outside because I want my neighbors to be able to have their windows open and enjoy the weather
  - Remove all holiday decorations in a timely manner
  - Not park in the street and be sure that visitors to my home do not park in the fire lanes
  - Place trash containers out after 6:00 pm and remove by 6:00 am the day after pick-up and store completely out of sight
  - Not backwash our pool into the street or common area
  - Contact the HOA with any questions
  - Contact the HOA for any and all changes to my home that are visible to neighboring property from the front or rear of my home
  - Take the time to meet my neighbors
- And last but not least:
- Support my Board of Directors and enjoy the amenities that Las Sendas offers in 2012!



## Trailhead Pool Renovation

The Trailhead pool will be undergoing a major renovation to the pool plaster and deck over the winter period. The pool will be closed from January the 2nd 2012 to February the 1st 2012. The Boulder Mountain pool will be available to residents during the renovation period and will be heated for your convenience.

For more information, please contact the Association Office on (480) 357-8780.

**FALL IS HERE LET US CLEAN YOUR VIEW SO YOU CAN ENJOY IT!**  
 Inside/Out Windows • Sky Lights  
 Pressure Washing Driveway/Walks • Chandeliers  
*Call or text us for your cleaning needs!*  
**480-239-5953**  
*Free no obligation estimate! We work weekends!*  
**7 DAYS RAIN GUARANTEE**  
 Residential & Commercial  
**CLEAN VIEW**  
 Window Washing  
 Licensed/Fully Insured • Excellent References • Owner Operator

Do you want to put your company in front of the Las Sendas Community?

Advertise in The Vision Magazine.  
**Call Today! 480.634.1708**

# Las Sendas Takes 2012 to the Next Level

Join us as we uplift the community with new programs and events for the new year!

Here's what is coming up.....

.....

## **Athletic Club and Spa**

For our current members...  
if you upgrade your membership by adding someone or extend to the next level of prepaid you will get a month for free.

Buy 4 personal training sessions, get one free.  
Dotfit online nutrition and weight loss program \$199  
Las Sendas Spa is now offering eye lash extensions - First set \$100

(TAC specials good for January 2012)

.....

## **Activities and Banquets**

Check out our new banquet pricing for residents on the website at [www.thetrailhead.org](http://www.thetrailhead.org)

Addition of a spring season of Soccer Shots.

This year we will be extending Swim Team and Lessons to a pre-summer and fall season.

.....

## **Also look forward to...**

Summer Sports Camp  
Farmers Market  
New Clubs forming, like our Bridge Club and Moms Club

# Las Sendas Lifestyle

Activities to Do - Events to Discover

## SNOW DAY!!!! - LET IT SNOW, LET IT SNOW, LET IT SNOW!

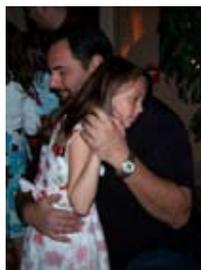


Snow sponsored by Frost Orthodontics  
Get your mittens ready! Instead of heading to the mountains let us bring the snow to you! Las Sendas will have snow at the Trailhead Parke for all to enjoy! Bring the kids and enjoy the bounce house, face painting, balloon twisting, and some playtime in the SNOW! Pre-registration is required.

Date: Saturday, January 21st  
Time: 10:00am-12:00pm  
Location: Trailhead Parke  
Cost: \$5 per child

## VALENTINE'S DANCE

Spend this special day with your son or daughter at the Trailhead Members Club for our Father/Daughter, Mother/Son Dance. There will be dinner, dj, cool prizes, fun dancing and lots of action.



Date: Saturday, February 11th  
Time: 6:00pm-9:00pm  
Fee: \$15 for adults, \$10 for children

## D'VINE WINE TASTING

Get together with friends and D'Vine Wine Bar and Bistro at the Trailhead Members Club. Pairing delicious food with great wine, this is an event you don't want to miss! For menu details and to register, please visit our website at [www.thetrailhead.org](http://www.thetrailhead.org) under Activities & Banquets, Special Events.

Age: Adults  
Date: Friday, February 3rd  
Time: 7:00pm-9:30pm  
Fee: \$35 per person - includes food and wine pairing

## SAVE THE DATE!

Easter Egg Hunt March 31st

Earth Day Ladybug Release April 19th

TBall

Spring Soccer Shots

Registration for all will open March 1st

## FAMILY CHESS NIGHTS

We are calling all children and adults who enjoy a good game of chess to join us for an evening of chess action. All ages are welcome, if under 13, please be accompanied by an adult. An experienced chess coach will be available to help with those learning the game; chess sets and clocks provided.

Dates: Mondays, Jan. 30th, Feb. 27th, Mar. 26th  
Time: 6:30pm-8:30pm  
Cost: FREE

## LAS SENDAS COMMUNITY TENNIS

### SPRING PROGRAM 2012

JANUARY 3RD - MAY 18TH

Contact Lori Thornton at 480-717-7208 or email at [Lthornton63@gmail.com](mailto:Lthornton63@gmail.com) if you have any questions regarding the spring program.

### PRIVATE AND GROUP LESSONS

One hour private lesson Tennis Pro - \$ 45.00 hour  
One hour semi-private lesson Rate/2  
One hour private group lesson (3 or more) Rate/group  
Lesson package rate Pay for 4 lessons get one free

### JUNIOR PROGRAM

LEVEL	DAY	TIME	MONTHLY COST
Tots I (ages 6-7)	Friday	4:00-5:00pm	\$ 40
Tots II (ages 4-5)	Friday	3:30-4:00pm	\$ 20
Junior Beginners	Mon & Wed	4:00-5:00pm	\$ 70
Intermediate Juniors	Mon & Wed	5:00-6:00pm	\$ 80
Junior Competitive	Mon & Wed	6:00-7:00pm	\$ 80

### ADULT PROGRAM

LEVEL	DAY	TIME	MONTHLY COST
Beginners	Tuesday	7:00-8:00pm	\$ 45
Advanced	Thursday	7:00-8:00pm	\$ 50
Intermediate	Tuesday	8:00-9:00pm	\$ 45

### ADULT LEAGUES

GROUP	DAY	TIME	COST
Women's Doubles	Monday	7:00-9:00pm	\$ 25
Men's Doubles	Wednesday	7:00-9:00pm	\$ 25
Women's Doubles	Friday	9:00-11:00am	\$ 25
Mixed Doubles	Sunday	12:00-2:00pm	\$ 25

## RETIREES' TENNIS

Enjoy mixed doubles every Thursday morning with the Retirees Tennis Group. For more information, call Kevin Hanley at 480-264-4387 or Lynne Burke at 480-641-3336.

## YOUTH DANCE

Spring 2012 Dates: 16 weeks

January 25th-May 16th

NO CLASS March 14th

Dress Rehearsal & Recital May 11th and 12th



Instructor: Andrea T. Polyak  
480-234-3952 or [tapdancerdiva@yahoo.com](mailto:tapdancerdiva@yahoo.com)  
[www.8countdancestudio.com](http://www.8countdancestudio.com)

Class fee is due to Las Sendas, Supply Fee due 1st day of class to 8\*  
Count Dance

continued on page 10

## Pre-registration is required for ALL classes and events.

You can register and pay ONLINE or if you are heading over to the Trailhead Members Club and wish to register in person, we accept Visa, MasterCard and personal checks only – NO CASH please. For detailed information, go to [www.thetrailhead.org](http://www.thetrailhead.org) under **Activities & Banquets**. You can find upcoming and future event information and never have to leave your home!

**\*Please note: some classes may be cancelled due to a lack of registrations. Please pre-register early to avoid cancellations.\***

### Lil'Tots Class

This class is great for toddler boys & girls who would like to feel like a big kid & have their own class. This is a busy class with creative movement, free play, tunnel, sport balls, balance beam, hula-hoops & it is so much fun!!

Ages: 18 months-3 yrs old  
Time: 2:15pm-2:45pm  
Class Fee: \$60  
Supply Fee: \$15

### Starlets

Intermediate 1: This class is for the dancer who has had 2 years or less of dance experience. Class Placement is determined by age then experience. This class will consist of Ballet technique, Jazz & Tap. Ballet & Tap shoes are required for class. One dance will be taught for the recital.

Ages: 3-4  
Time: 3:00pm-3:55pm  
Class Fee: \$140  
Supply Fee: \$50

### Dazzlers

Intermediate 2: This class is for the dancer who has had 2 to 3 years of dance experience. Class Placement is determined by age then experience. This class will consist of Ballet technique, Jazz & Tap. Ballet & Tap shoes are required for class. One dance will be taught for the recital.

Ages: 5-6  
Time: 4:00pm-4:55pm  
Class Fee: \$140  
Supply Fee: \$50

### Jazzin' Jumpers- Jump Rope

Come ready to JUMP!!! This class is for students with a lot of energy!! Students will learn basic jumping & turning tricks with single rope, partner & long rope. This class will be exciting. Jumpers will need to come with a water bottle & wear tennis shoes. This class is open for Boys & Girls!! One dance will be taught for the recital. Supply Fee will cover their uniform for the year and a matching jump rope.

Ages: 6 and up  
Time: 5:00pm-5:50pm  
Class Fee: \$250 (this fee pays for the year Aug 24-May 9)  
Supply Fee: \$60



### Ruby Dance Company

Intermediate 3: This class is for the dancer who has had 3 to 4 years of dance experience. Class Placement is determined by age then experience. The student needs to be serious about taking class because it is a year-long program. Class Fee can be split into payments, please contact Andrea Polyak. This class will consist of Ballet technique, Jazz & Tap. Ballet & Tap shoes are required for class. Two dances will be taught for the recital.

Ages: \*6-8 (they must turn 7 by March)  
Time: 6:00pm-7:30pm  
Class Fee: \$250 (this fee pays for the year Aug 24-May 9)  
Supply Fee: \$75  
Other Cost: Competition Fee determined later in the session.

### Diamond Dance Company

Intermediate 4: This class is for the dancer who has had 3 to 4 years of dance experience or has previously enrolled in Dance Company. Class Placement is determined by age then experience. The student needs to be serious about taking class because it is a year-long program. The Class Fee can be split into payments, please contact Andrea Polyak. This class will consist of Ballet technique, Jazz & Tap. Ballet & Tap shoes are required for class. Two to three dances will be taught for the recital.

Ages: 8 & up  
Time: 6:30pm-8:30pm  
Class Fee: \$375 (this fee pays for the year Aug 24-May 9)  
Supply Fee: \$150  
Other Cost: Competition Fee determined later in the session.

### Tap 2

This class requires 3 to 4 years of Tap experience. This class will consist of Al Gilbert grade 2 and 3 tap instruction. One dance will be taught for recital.

Ages: 9-12  
Time: 8:30pm-9pm  
Class Fee: \$84  
Supply Fee: \$50  
Other Cost: Competition Fee determined later in the session.



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# 2012 | SAVE THE DATE!

## JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Association Office Closed for New Year's Trailhead Pool Closure begins Tree House 8am-11:30am	3 Tree House 3pm-7pm	4 Tree House 8am-11:30am	5 Regular ARC Committee 8am Tree House 3pm-7pm	6 Tree House 8am-11:30am	7 Adopt a Street Tree House 7:30am-11am
8	9 Tree House 8am-11:30am Circuit Sense Begins 11am	10 Retiree's Club 9am Tree House 3pm-7pm	11 Custom ARC Committee 8am Special Board Meeting 6pm Tree House 8am-11:30am	12 Tree House 3pm-7pm LSCA History Project 7pm	13 Tree House 8am-11:30am	14 Tree House 7:30am-11am Body Pump Launch 8am & 9am
15	16 Tree House 8am-11:30am	17 Tree House 3pm-7pm Book Club 6:30pm	18 Tree House 8am-11:30am	19 Regular ARC Committee 8am Tree House 3pm-7pm Finance Committee 4pm Women's Group	20 Tree House 8am-11:30am	21 Tree House 7:30am-11am Snow Day 10am
22	23 Tree House 8am-11:30am Silpada Jewelry Trunk Show	24 Retiree's Club 9am Tree House 3pm-7pm Board Meeting 6pm Silpada Jewelry Trunk Show	25 Custom ARC Committee 8am Tree House 8am-11:30am Silpada Jewelry Trunk Show Youth Dance Begins	26 Tree House 3pm-7pm Silpada Jewelry Trunk Show	27 Tree House 8am-11:30am Silpada Jewelry Trunk Show	28 Tree House 7:30am-11am
29	30 Tree House 8am-11:30am Family Chess Night 6:30pm	31 Tree House 3pm-7pm				

● HOA

● CLUBS

● ACTIVITES

● ATHLETIC CLUB

# Las Sendas

## FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Tree House 8am-11:30am Dance	2 Trailhead Pool Reopens Regular ARC Committee 8am Tree House 3pm-7pm	3 Tree House 8am-11:30am Wine Tasting 7pm	4 Tree House 7:30am-11am
5	6 Tree House 8am-11:30am Circuit Sense Begins 11am	7 Tree House 3pm-7pm	8 Custom ARC Committee 8am Tree House 8am-11:30am Dance	9 Tree House 3pm-7pm LSCA History Project	10 Tree House 8am-11:30am	11 Tree House 7:30am-11am Ethan's Run Valentine's Dance 6pm
12	13 Tree House 8am-11:30am Dresses for Orphans Trunk Show	14 Retiree's Club 9am Tree House 3pm-7pm Dresses for Orphans Trunk Show	15 Tree House 8am-11:30am Dresses for Orphans Trunk Show Dance	16 Regular ARC Committee 8am Finance Committee 4pm Tree House 3pm-7pm Women's Group Dresses for Orphans Trunk Show	17 Tree House 8am-11:30am Dresses for Orphans Trunk Show	18 Tree House 7:30am-11am
19	20 President's Day Association Office Closed Tree House 8am-11:30am	21 Tree House 3pm-7pm Book Club 6:30pm	22 Tree House 8am-11:30am Custom ARC Committee 8am Dance	23 Tree House 3pm-7pm	24 Tree House 8am-11:30am	25 Tree House 7:30am-11am
26	27 Tree House 8am-11:30am Family Chess Night 6:30pm	28 Retiree's Club 9am Tree House 3pm-7pm Board Meeting 6pm	29 Tree House 8am-11:30am Dance			



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— Bernardine and Paul Maro,  
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THE TRAILHEAD ATHLETIC CLUB  
and Las Sendas Spa

For Trailhead Athletic Club (TAC) events and classes please contact the TAC front desk at 480-832-6900.

### JANUARY/FEBRUARY FEATURED TRUNK SHOWS

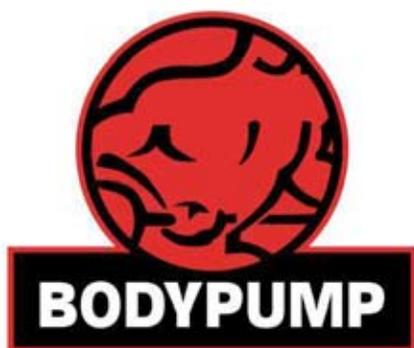
#### January – Silpada Jewelry week of January 23rd-27th

Silpada Designs is an exclusive line of hand-crafted sterling silver jewelry accented with semi-precious stones. With approximately 500 pieces of jewelry in the current collection ranging from \$14 to \$349, there's truly something to fit every style and budget. Silpada is Tiffany quality without the Tiffany price tag and carries a lifetime warranty. Come and see the bonus specials for January and February. View the entire collection at [www.mysilpada.com/tina.reed](http://www.mysilpada.com/tina.reed).

#### February – Dresses for Orphans week of February 13th-17th

Dresses for Orphans is a nonprofit organization that makes dresses and shirts for children in overseas orphanages. Since it started three years ago, this all volunteer group has made over 6,300 outfits that have been sent to orphanages in 20 different countries. Over 30 women are involved in the weekly meeting where the outfits are made. Obviously, some women sew, while others are busy cutting, folding or pressing. You can learn more about this organization by going to [www.dressesfororphans.org](http://www.dressesfororphans.org).

For their fund raising project this year, they are making and selling jewelry made from ladder yarn. These necklaces, earrings and bracelets are available in 20 vibrant colors and can be found in matching sets. They are extremely light weight and in addition to personal wear, they make excellent gifts!



#### JANUARY 14TH BODY PUMP LAUNCH!

Body Pump "80" Launch 8:00am class and 9:00am class  
Choose a POWERFUL workout, have fun and win prizes!  
A one month membership giveaway and other prizes! Sign-up required!

#### CIRCUIT SENSE

This 45 minute personal training program is a specialized class designed to burn calories, enhance cardiovascular ability, and raise your metabolism by toning and building muscle. This is an amazing workout for a small group to do together in a time efficient manner.

**Dates:** Mondays, Wednesdays & Fridays;  
January 9th – February 3rd  
& February 6th – March 2nd  
**Time:** 11:00am  
**Fee:** \$90 per person  
\$80 per person with TAC Membership

#### WINTER SPLASH AND FIT

The Trailhead Athletic Club Water Program is available to ALL Las Sendas residents! Please note: The Trailhead Pool will be closed for the entire month of January. During this time, classes will be held at the Boulder Mountain Pool.



**Days:** Tuesdays, Thursdays & Saturdays  
**Time:** 9:00am-10:00am  
**Fee:** NO extra charge for TAC members; \$5 per class

#### TREE HOUSE CHILD WATCH

##### Child Care for TAC Parents

Happy New Year!  
We hope everyone had a wonderful holiday season. Just a reminder that we are here to help you with your fitness resolutions.

As you take time for yourself in the gym, the Tree House staff members are here to take care of your children in a safe and friendly environment. We accept children from 4 months to 10 years of age. We have age appropriate toys and crafts.



The Tree House hours are:  
Mon-Wed-Friday from 8:00am to 11:30am  
Tues-Thurs from 3pm to 7pm and  
Saturdays from 7:30am to 11am.  
We hope to see you soon.

### Cupid Special

Bring a loved one and take advantage of the Cupid special. Book any two massages back to back with Danielle and

**SAVE 20%**

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Coconut is known for its antioxidant and anti-aging properties. This oil is heated and applied in a hot massage that helps penetrate deep into the skin

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## GO TAKE A HIKE



Join Instructor Bev

Friday mornings  
from 8am-10am

Free for TAC members

\$5 for non-TAC members

- Please wear shoes with good traction
- Bring water
- Sunscreen recommended



For details or to sign up  
call the TAC 480-832-6900

## JANUARY/FEBRUARY GROUP FITNESS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:15am BOOT CAMP Annette		5:15am BODY PUMP Delia		5:15am SKILLS & DRILLS George	
8:00am CARDIO CARVE Meg	7:45am PILATES Meg		7:45am PILATES Meg	8:00am-10:00am OUTDOOR TREK Bev	8:00am BODY PUMP Geeny
9:00am BODY PUMP Delia	9:00am *WATER Annette	9:00am BOOT CAMP Dawn	9:00am *WATER Bev	9:00am ZUMBA TONING Mayuli	9:00am *WATER Brenda
10:15am MEDITATION Jolanta	9:00am CORE PERFORMANCE Bev/Dawn	10:15am YOGA Jolanta	9:00am TOTAL BODY George	10:15am YOGA Barb R	9:15am YOGA Kartar
5:15pm BODY PUMP Kristin T/Geeny	10:00 am ZUMBA Mayuli	5:30pm PILATES CORE Meg	5:00pm KICKBOX Geeny	4:30pm BODY PUMP	
6:30pm ZUMBA Kristin	*Water aerobics At Boulder Mountain Pool for month of January		6:00pm BODY PUMP Geeny		

\*All classes are 1 hour in length unless noted otherwise. [www.thetrailhead.org](http://www.thetrailhead.org)



## HOPE FOR HEART DEFECTS

10K & Fun Run/Walk  
 Pancake Breakfast • Kids Zone  
 February 11, 2012

Benefitting families through:  
 The Nick and Kelly Childrens Heart Fund  
[www.active.com](http://www.active.com) • [www.ethansrunaz.com](http://www.ethansrunaz.com)

We would like to thank all of the Sponsors that helped make the Health Fair such a great event!

We had great participation  
 400-500 people attended,  
 80 ID cards,  
 20 people donated blood,  
 495 hot dogs given away,  
 37 vendors.



## DOTFIT SPECIAL

DotFit Nutrition and Weight loss program available at the TAC.  
 Exerspy armband on sale for \$199 – a \$50 savings. Includes armband, 3 month Subscription to website and a personal consult with a trainer.





Community Help Needed to create a photo composite of life in Las Sendas today

- We need photos in two categories:
o Scenic pictures of the property from the early 1990s to the present
o Activity pictures such as parties, sports, charity events, visual arts. In short, anything and everything that demonstrates how we have made this place "The Place" we call home.

If you have photos to contribute please contact Barbara Sullivan at babssully@gmail.com

PROJECT UPDATE

- Group I Has nearly completed the profiles of the original property owners and is working to document the guest ranch from building to demolition.
Group II Is researching the history of the statues and documenting the planned community developments.
Group III Is collecting and taking photographs of the current community.

NEXT MEETINGS

THURSDAY, January 12, 2012
THURSDAY, February 9, 2012
The Trailhead Members Club 7:00 – 8:00 PM

Meeting Format:

- o Project Progress Reports
o Sub-group working sessions
o Team Update

Follow us on Facebook - Las Sendas History Project

http://www.facebook.com/pages/Las-Sendas-History-Project/247387738612358

For more information or, sign up to follow the progress of the project with email updates...contact Janet Patrick @ dickp44406@aol.com

Mom's Group

Las Sendas Residents, Stacey Phelps and Nena Goel have formed a mom's group for those with babies 6 months - 3 years old. The group meets on Tuesdays at 10:30am and Thursdays at 2:30pm. Currently, the group meets in each other's homes but as the weather cools down they will head outside and plan a few field trips. If you are interested in the club please contact Stacey Phelps at 858-449-4917, email: sphelps06@gmail.com or Nena Goel at 480-292-8609, email: sunaynaagarwal@gmail.com

5th Annual Neighborhood Watch BBQ

The cool November 5 afternoon was perfect weather for Tapestry Mountain neighbors to gather at Boulder Mountain Park to enjoy grilled burgers, cheese burgers, and hot dogs prepared by Chef Paul and his assistant Joanne.



Mesa Police Officer Joe, a graduate of the Police Academy just five years ago greeted and answered neighbor's questions from Al, Bill, Donnie and Julie during the Tapestry Mountain Neighborhood Watch fall BBQ.

Mesa Councilwoman Dina Higgins and her husband thought the burgers were cooked perfectly as they ate and talked. Janet and Al's Mediterranean orzo salad became an instant new favorite but Julie and Donnie's Caesar salad and mint watermelon balls and slices were also artfully arranged and so delicious. Seen munching on chips were Luke, Carson, Bill, and Ken. Scott, Stephanie, Larry, Diane, Linda, and Kevin enjoyed chatting while selecting their side dishes of cut vegetables, ranch dip, olives, pickles and salads. Elaine and Ken greeted Pete and Judy as hot off the grill burgers were served by Joanne. Mary and Dave and boys enjoyed catching the football game. Established neighbors enjoyed meeting and chatting with new neighbors as they selected brownies at the dessert table. Neighborhood Watch Captains Shirley and John Duclos organize this activity yearly and currently serve on the City of Mesa Superstition District Police Advisory Board.

With lights flashing, the City of Mesa Fire Team and truck arrived from our local McDowell Road Station. They stopped to let residents climb into their truck but had to leave when an emergency call came over the radio. The City of Mesa employee visits were part of G.A.I.N. (Getting Arizona involved in Neighborhoods), this is great way to get to know and trust those who protect us daily.

This summer, Mesa Crime Prevention Officer Karen Stegenga took over the position of retired Officer Terri Teten who faithfully served our Neighborhood Watch Program for many years. Also new to the Superstition District is Commander Mario Lattanzio. Both Karen and Mario's appointment and service to our area is very much appreciated and welcomed.

This is a good time to remember that the Las Sendas Community Patrol Director is Charlie Ralls and his department is responsible for protecting the amenities of the community by observing and reporting incidents.

Las Sendas Community Patrol may be contacted at: (480) 220-1794.

City of Mesa Police numbers: Emergency 911 or Non-Emergency (480) 644-2211

## Las Sendas Retirees

Submitted by Lynn Walti

It has been an honor and privilege to serve as the chair of the Las Sendas Retirees for the past two years. I want to thank my fellow Board members for the support and leadership they have provided in contributing to the success of our organization. They helped make the past two years an active and fun time for all our members.

A new year has begun and a new Board has taken over the leadership of the club. The new officers are: Don Pike, Chair; Bill Hall, Vice Chair; Judy Hanley, Secretary; Jeff Emig, Treasurer and Peter Allard, Asst. Treasurer.

### Congratulations and best wishes for a rewarding year ahead.

Program Vice Chair Bill Hall has already been busy planning programs for 2012. Given that 2012 is Arizona's Centennial celebration, the programs this year will focus on Arizona's history and culture. On January 10th David Short, Director of the Downtown Mesa Association will be the guest speaker. He will outline the planned activities and programs in downtown Mesa for the first six months of 2012. Art Beard, a member of the Vietnam Veterans of America and a featured writer for the Arizona Republic will speak to us on January 12th. February 14th, Valentine's Day, promises to be an entertaining meeting. Bert Roy and Don Pike will present a video highlighting the adventures of the Retirees who visited Zion National Park in October. Finally, on February 28th, Win Holden, Editor of Arizona Highways Magazine, will speak on Maricopa County's park system – '100 Miles of Hiking'.

In addition to his duty as the chair, Don Pike will continue to organize weekly hiking trips to beautiful locations throughout Arizona. The Retirees' Tennis Group will also continue to meet on the second and fourth Thursdays of the month.

Make a New Year's resolution to come to a Retirees meeting and get to know us better.

All Las Sendas residents are welcome. We meet on the second and third Tuesdays of the month beginning at 9 am at the Trailhead Members Club. After the meeting, you can join us for lunch at a local restaurant. For more information, please contact Don Pike at: don.pike@cox.net.



Christopher McCay, Acting Assistant Principal Violist, the Phoenix Symphony performed several solo pieces for the viola for the Las Sendas Retirees at a recent meeting. Retirees learned the differences between a viola, and a violin including variation of sound made by the instruments, the wood used in their manufacture, and playing techniques.



Group dinner at Zion Park

## Michael Bustamante Stepping Down

Las Sendas Residents;

It is with great regret and sorrow that I will be stepping down as the Head Tennis Professional of the Las Sendas Community. For the past 11 years many of you have seen or heard me teaching on the upper courts of the Trailhead. It has been my pleasure to work with many of you and your children throughout the years and I have thoroughly enjoyed it. Over the years I have met some great people within the community and developed a few new friendships along the way. To the tennis community itself I want to assure you that the tennis program will continue as before and be in good hands for the New Year. For myself I have learned something from each of you that I worked with and hopefully you have taken something away from me in the process. I will truly miss working with my younger kids as they enjoy tennis for what it is, a game that is supposed to be fun. To my adult players, hopefully I have improved your game enough so you too can enjoy the competitive side of tennis and still have fun with it.

To all my group and league teams (especially the ladies) I want to thank you for your continued participation and support. Much of what we built and accomplished could not be possible without your help. I believe the Las Sendas Community is one of the finest that I have ever been involved with and appreciate the opportunity to work with its members. From my family and to all of yours, I thank you for allowing me into your lives and community.

Sincerely,  
Michael Bustamante



## Lori Thornton is New Head Tennis Pro

We would like to introduce Lori Thornton who will be taking over for Mike Bustamante as Head Pro here at Las Sendas. Some of you may already know Lori as she has been our Assistant Pro for quite some time...Join me in welcoming Lori! Below is a little bit about her...

- She has a Bachelor of Science, Justice Studies from Arizona State University
- She is PTR Certified Instructor and has been the Assistant Pro Las Sendas, 9 years

- Lori is an Instructor with Arizona Tennis and Golf Academy for boot camps and specialty camps
- She was the Assistant Pro at Alta Mesa Country Club (2001-2002)
- And she plays competitive leagues with USTA and Arizona Play Tennis



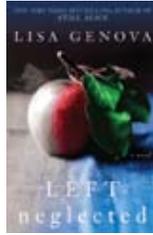
## Desert Rose Preschool

Desert Rose Preschool at Las Sendas, located at the Trailhead Members Club, is a private preschool for the children of Las Sendas residents only. It operates all year long, with classes for ages 3 to 5. The preschool offers half-day sessions, plus the Lunch Bunch, until 1p.m., and full-day sessions, which run until 3 p.m. We currently are full, with a waiting list. Registration for next fall will be held in March. If you have any questions, please call 480-654-4223, or send an e-mail to [jbuttitta@cox.net](mailto:jbuttitta@cox.net).

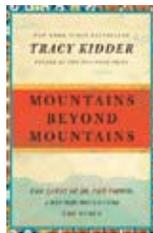
## Las Sendas Book Club

The Las Sendas Book Club is open to everyone in the community. Meetings are held on the third Tuesday of every month from 6:30-8:00 p.m. at the Trailhead Members Club. This is a wonderful way to get to know neighbors, read interesting books and enjoy lively conversation. New members are always welcome. Occasionally the club takes field trips to hear an author speak. For more information about the club please call Janice Hourihan at 480-580-4990.

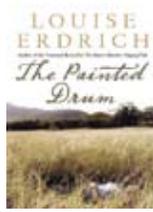
**January** Left Neglected by Lisa Genova  
Sarah Nickerson wakes up from a car crash to find the left side of her world gone.



**February** Mountains Beyond Mountains by Tracy Kidder  
This powerful and inspiring new book shows how one person can make a difference, as Kidder tells the true story of a gifted man who is in love with the world and has set out to do all he can to cure it.



**March** The Tiger's Wife by Tea Obreht  
In a Balkan country mending from war, Natalia, a young doctor, is compelled to unravel the mysterious circumstances surrounding her beloved grandfather's recent death

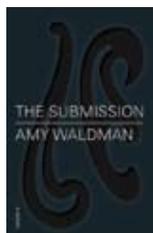


**April** Painted Drum by Louse Erdrich  
*The Painted Drum* explores the strange power that lost children exert on the memories of those they leave behind, and as the novel unfolds, its elegantly crafted narrative comes to embody the intricate, transformative rhythms of human grief.



**May** One book Arizona selection TBD

**June** Submission by Amy Waldman  
A scathing, dazzlingly crafted indictment of the messes people make when they mistake ideology for morality and bigotry for patriotism.



## Las Sendas Women's Group

The Las Sendas Women's Group is growing!! Thanks to everyone who came out for our biggest groups to date in September at the Las Sendas Golf Course and October at the k Pilates & Karve studios! Moving into the holidays, we'll have some adjusted meeting dates. Please join us Thursday, January 19, 2012 and Thursday, February 16, 2012. ALL women are encouraged to attend this group. We welcome anyone who is interested in meeting other dynamic members of our great community. Our mission is to strengthen connections and support each other both personally and professionally. Future meetings are being arranged now for 2012. For more information, to be added to the email mailing list, or to recommend a speaker for the group, please contact Tina Reed ([silversales247@msn.com](mailto:silversales247@msn.com)). Meeting times and locations will be posted in the Trailhead lobby, mailbox kiosks, and to the group's email contact list, so be sure to sign up for notifications now!

## Adopt a Street

The Las Sendas Community has adopted a section of street on Power Road just north of Las Sendas. We are looking for approximately 6 volunteers to help keep the community clean and beautiful. If you are interested in volunteering on Saturday, January 7, 2012 from 8:00-10:00am, please call the TAC at 480-832-6900. Post clean-up beverages and snacks available for volunteers. Thank you to Hensley Beverage Company and McDonalds on Power/McKellips for sponsoring these refreshments.



## Wireless Access at The Trailhead

Las Sendas has two wireless networks; one is available for public use:

- Las Sendas – public access to the Internet. No Access to office network. **No password required.**
- Trailhead – Secured access to the Internet and office network. Password required.

Right click on the Wireless Icon.

- Select "View Available Wireless Networks"
- Select Las Sendas for open access to the Internet (guests)



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