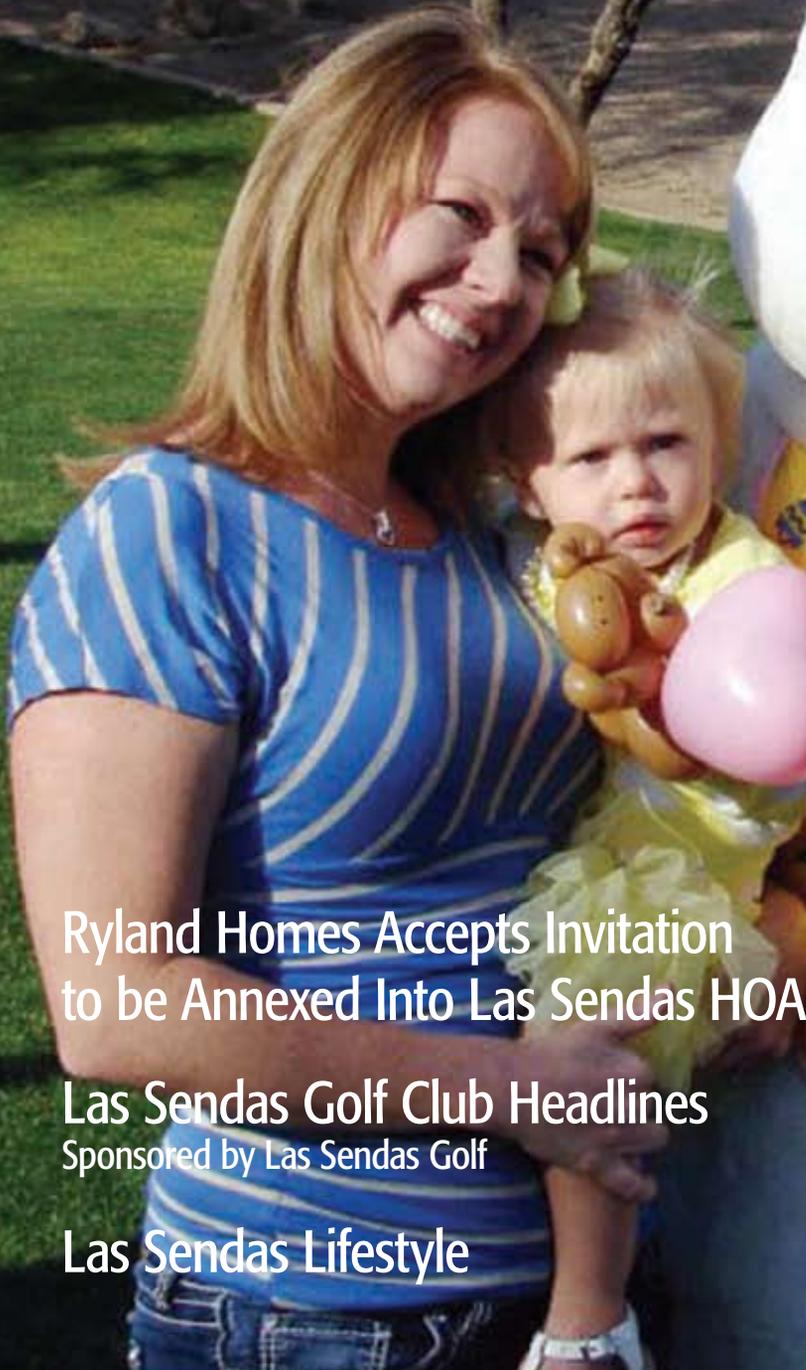


March/April 2015

The Vision

Las Sendas Community Association



Ryland Homes Accepts Invitation
to be Annexed Into Las Sendas HOA

Las Sendas Golf Club Headlines
Sponsored by Las Sendas Golf

Las Sendas Lifestyle

Las Sendas Golf Club Headlines

WHAT'S NEW?

PLANNING A WEDDING, BIRTHDAY, GRADUATION OR ANNIVERSARY?

The Vistas Wedding Pavilion is Mesa's newest premier wedding venue. We can accommodate small and large weddings. Our location is surrounded by spectacular views of the Phoenix valley, sunsets and city lights. We offer personalized event planning services and a culinary team that will meet and exceed your expectations with exquisite menu choices.

Our full service wedding pavilion includes Bogey's Private dining for your rehearsal dinner, elegant venues for your ceremony and onsite catering. The Vistas Pavilion is adjacent to Las Sendas Golf Club, a world class championship golf course.



Client Reviews – read what our clients are saying about us

2014 – The Catering Director was amazing to work with and made our wedding a special one of a kind day. I would recommend this venue to anyone wanting to celebrate a wedding or special occasion they are fabulous!!!

2014 – We had an absolutely beautiful wedding at The Vistas Pavilion located at the Las Sendas Golf Club in Mesa, AZ. The service was phenomenal, the food was delicious, the view was breathtaking, and we could not have asked for a more perfect day. The Catering Director coordinated the event and kept us updated in a timely manner leading up to the event and she was very sweet, detail oriented, and professional.

2014 – Everything was beyond our expectations, you and your staff are exceptional. Everyone was impressed with the entire function from food to service to facility etc., thank you so very much. We hope to send you business through word of mouth, we cannot say enough great things.

2015 – Everyone involved with the Vistas Pavilion was professional and courteous. Jackilyn was the standout though, she was with us every step of the way and never once hesitated to get us anything we felt we needed. She is a star among stars and made our wedding both easy and very low stress. Knowing she was handling something was as good as knowing it was done. I cannot recommend this venue or Jackilyn enough! They get an 11 out of 10!

Spring Wedding Special April 2015 – all inclusive package \$7,000

Are you planning a wedding in the month of April 2015? We have a few dates available and are offering a short term booking special – an all-inclusive ceremony and reception package starting at \$7,000 (does not include tax and gratuity) for 50 – 100 guests. Feel free to book a site tour at your personal convenience. **Call us at (480) 396-4000 for more information or visit our website at www.lassendas.com and fill out our contact form.**

Summer Wedding Special 2015 – June, July and August 2015 - \$5,999

The Vistas Wedding Pavilion at Las Sendas is pleased to offer a Summer Special Wedding Package for events booked and hosted in the months of June, July, and August 2015. The total cost is \$5,999 (does not include tax and gratuity) for 50 – 100 guests. **Call us at (480) 396-4000 for more information or visit our website at www.lassendas.com and fill out our contact form.**

Special Events

Looking for some new ideas for a birthday party, anniversary or family reunion – please come and see us at The Vistas Pavilion at Las Sendas. The Vistas Pavilion and our special occasions planning team can provide you with a number of dazzling party ideas along with unique culinary menu choices. Our facilities include a large Banquet Room (capacity 300), a Private Dining Room (capacity 60) and two smaller venues, The Garden Room and The Valley View Room for (50 – 100 guests). We can accommodate small intimate events or larger corporate events and everything in between. **Call us at (480) 396-4000 for more information or visit our website at www.lassendas.com and fill out our contact form.**



WEEKLY SPECIALS AT THE PATIO AND THE GRILLE

MONDAY	Fried Chicken, Mashed Potatoes, and Mushroom Ragu	\$16.95
TUESDAY	Flat Iron Steak, Mexican Cornbread, Peppers, and Tequila Butter	\$18.95
WEDNESDAY	Wine Down Wednesday	Half Price Wine – most bottles
THURSDAY	Prime Rib, Mashed Potatoes, Vegetables Add Glass of Wine	\$21.95 \$3.00
FRIDAY	Seafood Special Chefs Choice	Market
SATURDAY	Las Sendas Farmers Market Special	Market
SUNDAY	Pasta Bar with Made to Order Pasta Station	\$14.95 Kids (6 – 12) \$8.95

Tracking Deductible Home Business Expenses

Starting a home business has several advantages. When you run your own business, you control your own hours. Just as importantly, you control how much income you can generate; there is no set hourly wage, so essentially the sky is the limit (as long as you are in the right business). Another big benefit is the tax deductions. However, to take full advantage of what is available to you, it is important to have an effective expense tracking system.

Small Business Tax Deductions

There are numerous deductions you can qualify for when you operate a home business:

- **Home Office:** It used to be complicated to calculate your home office deduction, but the IRS has made it easier in recent years. All you need to do is take the number of square feet in your home office and multiply it by \$5. The maximum allowance is \$1500, so if you have a home office larger than 300 square feet, you may want to use the old method.

This old method involves taking the square footage in your office and dividing it by the total number of total square feet in the home. Once you have the percentage of your home devoted to your office, you may claim that percentage of your mortgage, electricity and other household bills.

- **Office Supplies:** Pens, copy paper, notebooks and other supplies used in your business can be deducted.
- **Furnishings:** Desks, chairs, filing cabinets, shelves; anything you purchased during the year to furnish your home office is deductible.
- **Equipment:** Desktop computers, laptops, tablets, printers, copiers, and other business equipment can be deducted either in full or depreciated over five years.
- **Mileage:** Miles driven for business, tolls, parking and related fees can be deducted. For 2014, the mileage deduction is \$.56 per mile. You may also use the "actual expense" method, which would involve calculating the cost of gas, oil changes, parts, repairs and depreciation (or lease payments).
- **Travel, Meals, Entertainment:** Air, rail and bus travel as well as hotel expenses are 100% deductible. Dry cleaning while on the road can also be fully deducted. Meals and entertainment (ball games, shows, etc.) can only be deducted at 50%.
- **Advertising/Promotion:** Business cards, ads in the Yellow Pages, radio, TV, Internet and other forms of marketing are all fully deductible.
- **Phone:** If you have a business line and/or cell phone devoted completely to work, you may deduct this on top of your home office deduction.
- **Employees/Contractors:** If you hired any employees or hired the services of an outside contractor, these costs are all deductible.
- **Computer Software and Subscriptions:** If you purchased or subscribed to any software for your business during the 2014 tax year, it can be fully deducted.
- **Insurance:** Business insurance products such as commercial auto or professional liability are fully deductible.
- **Social Security Tax:** When you are self-employed, you are responsible for 100% of your Social Security and Medicare.

However, you are also allowed to deduct the amount paid on your income taxes.

- **Retirement Account Contributions:** Contributions made to self-employed retirement plans are not taxable up to \$52,000 in 2014 and \$53,000 in 2015.

Tracking your Deductible Expenses

The tax advantages of operating a home business are many. However, there is one problem; keeping track of all these deductible expenses. Remember, if the IRS ever audits your return (and they are known to scrutinize home businesses fairly heavily), the burden of proof is on you to show that the deductions you claimed were justified. For this reason, you must have a well-organized tracking system in place.

The best way to track your home-based business expenses is redundantly. In other words, track everything electronically and retain paper copies of everything for your files. There are several (deductible) software programs you can use to simplify your expense tracking. QuickBooks is the one we use; it offers products/plans for businesses of all sizes and budgets.

For your paper backup, you can keep the process simple by setting up 12 file folders at the beginning of each year; one for each month. Throughout the month, place all receipts for purchases during the month in the appropriate file. Also, enter them monthly into your electronic database, which should also separate them by category. You may choose to do this weekly or monthly, whatever works for you. For mileage, purchase a mileage tracking book from an office supply store to keep in your car and record during each business trip.

At the end of the year, put the entire year of receipts into a separate file box and send it over to your accountant to reconcile with your electronic data. One other tip; if you have a smartphone, it is wise to take a photo of each receipt and keep these photos in separate electronic folders by month. This will give you another place of reference.

Running a home-based business is one of the most rewarding experiences you can undertake. And once you are in the habit of tracking your expenses, you can rest easy knowing your tax deductions will hold up in the event of an IRS audit.

BASC Expertise is a small accounting firm in Mesa, AZ serving individuals and business owners throughout the Phoenix metro area. We offer powerful solutions, whether you are filing personal taxes, a sole proprietor, a growing business, or a well-established company, we have profitable accounting and tax solutions for you to manage and grow your business. Searching for a trusted accounting firm? Contact us today at 480-355-1398. For more information, visit us at <http://www.bascexpertise.com>.



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Easter Egg Hunt



Ladybug Release



Neighborfest

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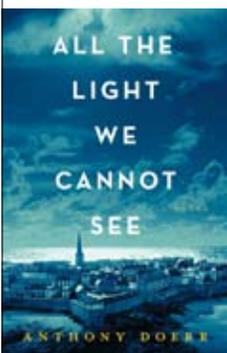
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The Official Magazine of Las Sendas Community Association

This magazine is delivered to all homeowners and businesses in the Las Sendas Community bi-monthly. You have received this publication because your HOA believes you take pride in your home environment and community.

We are always interested in your comments or suggestions.

While efforts to ensure accuracy are exercised, the publisher assumes no liability for the information contained in editorial content.

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Meet Your HOA

Las Sendas 2015 Board of Directors

President
 David Camp davidmcamp50@gmail.com

Vice President
 Jeff Brugos jeffbrugos@aol.com

Treasurer
 Dave DePietro daviddipietro@live.com

Secretary
 David Harris Dave4lassendas@gmail.com

Director
 Nick Camillone ncamlsca@aol.com

Director
 Rick Kern lrkern46@gmail.com

Director
 John Egan jegan39@cox.net

Las Sendas Community Association Staff Directory

Executive Director
 Doug Austin daustin@thetrailhead.org

Community Manager
 Anthony Martin amartin@thetrailhead.org

Compliance Coordinator
 Calee Burch cburch@thetrailhead.org

Administrative Assistant
 Melanie Mallery mmallery@thetrailhead.org

Administrative Assistant
 Pam Pratt ppratt@thetrailhead.org

Patrol Director
 Charlie Ralls cralls@thetrailhead.org

Maintenance Director
 Kraig McCauley kmccauley@thetrailhead.org

Lifestyle Director
 Jennifer Graffice jgraffice@thetrailhead.org

Assistant Lifestyle Director
 Kristha Lima klima@thetrailhead.org

Association Contact Information

Trailhead Members Club
 7900 East Eagle Crest Drive
 Mesa, AZ 85207

Community Association Office
 480.357.8780

Community Association Fax
 480.357.7687

Lifestyle Division
 480.832.6900

Trailhead Athletic Club & Spa
 480.832.6900

Community Patrol
 480.220.1794

FirstService Customer Care Center
 480.551.4300

info@thetrailhead.org
 www.thetrailhead.org

Association Office Hours
 Monday – Friday
 8:00am-5:00pm

Trailhead Members Club Lobby Hours
 Monday – Friday
 8:00am-8:00pm
 Saturday & Sunday
 10:00am-4:00pm

Trailhead Athletic Club Hours
 Monday – Thursday
 5:00am-8:00pm
 Friday
 5:00am-7:00pm
 Saturday
 6:00am-5:00pm
 Sunday
 7:00am-5:00pm

Pool Hours Daily
 5:00am-10:00pm



Building a Sense of Community...

Neighborhood Watch Program



Distraction Crimes

We have had a few cases of someone posing as a utility worker or a worker with the City of Mesa. He approaches the home and tells the homeowner that he has to get into the backyard to take some measurements. When the homeowner accompanies him to the backyard a door to the home is typically left unsecured. Unbeknownst to the homeowner another male enters the home and steals jewelry, money, or prescription medications. The male posing as the worker then gets a call and tells the resident that he has completed his task; the call is from the other male telling him that he has finished burglarizing the home. PLEASE DO NOT LET STRANGERS INTO YOUR HOME OR YARD! We are seeing more and more of these distraction crimes in this area. Please report this suspicious activity to the Mesa Police.

For more information on Neighborhood Watch Programs, please contact the Mesa Crime Prevention Officer, Karen Stegenga on (480) 644-5014. Or follow this link to the City of Mesa Neighborhood Watch Site: <http://www.mesaaz.gov/police/NeighborhoodWatch/Default.aspx>.

Emergency Mesa Police
#911

Non-emergency Mesa Police
#480-644-2211

LSCA Patrol
#480-220-1794

If you would like us to promote a neighborhood gathering in your community or need help putting something together, email Kristha at klima@thetrailhead.org.

Put your trust in a neighborhood specialist and resident of Las Sendas!

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Visit our website for up-to-date home sales and community information

WWW.LAS-SENDAS.COM



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Upgraded w/additional features such as plantation shutters, professionally landscaped w/built-in BBQ & low maintenance yard. Take a virtual tour of this home at: www.tourfactory/1279794

\$695,000 • 8540 E. Oak St. • MLS 5212716

Custom elegance within the natural desert foothills of Northeast Mesa. This spacious floor plan offers multiple living spaces.

Take a virtual tour of this home at: www.tourfactory/1270656



\$1,100,000 • 7025 E. Summit Trail Cir. • MLS 5235115

Custom owner built overlooking the city lights, Red Mountain and an oversized lot nestled amongst the natural desert.

Take a virtual tour of this home at: www.tourfactory/1292577

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Ryland Homes Accepts Invitation to be Annexed Into Las Sendas HOA

By David Camp

Following extensive negotiations between Ryland Homes and the Las Sendas HOA, Ryland Homes has accepted an invitation for their development--Desert Creek--to be annexed into the Las Sendas HOA. The precise details of the Annexation Agreement will be completed in the near future.

This development, on the southeast corner of Ridgecrest and Red Mountain, was previously approved by the City of Mesa for 144 one- and two-story, detached homes; or about a five percent increase in the number of homes that presently exist in Las Sendas. There will also be two swimming pools and gazebos in the new development as part of the City of Mesa approved plans. Ryland expects to begin selling homes later this year, and anticipates that the development will take 3-5 years to be built out. All of the Las Sendas CC&Rs and community rules and guidelines will apply to Desert Creek. The residents will pay the same HOA assessment as other Las Sendas residents, plus a separate assessment for Desert Creek.

The area south of Desert Creek, on the corner of Ridgecrest and McDowell, is currently zoned for retail development. The new charter school is nearing completion to the west of Desert Creek. The area south of the new charter school and north of McDowell is slated to develop as retail, commercial and/or medical.

Members of the Las Sendas community have been working on this annexation for well over a year, providing input on road layout, exterior home designs, and maximum height of homes.

Much of this work has been focused on having Desert Creek mirror the balance of Las Sendas in terms of its look and feel.

Two other areas that were reviewed extensively during the past two years were the impact on traffic, particularly at the corner of Ridgecrest and Red Mountain, as well as the potential impact on Las Sendas amenities. L.S.C.A. officers spoke with the City of Mesa Transportation Department about the impact of traffic, and the City is of the opinion that much of the traffic from Desert Creek will go directly south to McDowell, and will have only a small impact on the traffic at the corner of Ridgecrest and Red Mountain. HOA officials also analyzed the potential impact on existing Las Sendas amenities, such as tennis courts, swim pools, and parks. Since there will be two pools inside the Desert Creek enclave, we do not believe that there will be an appreciable increase in usage of our existing pools. There may be some increase in usage of the tennis courts and two nearby parks: Boulder Mountain and Sonoran Heights. Ryland has agreed, in principle, to pay a percentage of the selling price of each house to the Las Sendas HOA, which could be used to address amenity capacity issues.

The primary reason that Las Sendas HOA extended the invitation to Desert Creek to annex is the recognition that this location is at one of the two primary portals into Las Sendas. We want to ensure that this gateway area does not detract from the ambiance Las Sendas currently provides for visitors and residents of our community. We also realize that when Desert Creek is built-out Ryland Homes, as a developer entity, will depart, and we deemed it best for our community that Desert Creek look and feel as much like Las Sendas as possible from the onset.

We will continue to communicate with the Las Sendas community as this situation develops and progresses.



COMMITTEE CORNER

The Custom and Regular Architectural Committees is seeking new members. For an application visit the Committees page at www.thetrailhead.org under Community or stop by the Association Office. For additional information on the Regular or Custom Architectural Committees contact Anthony Martin at amartin@thetrailhead.org.

COMMUNITY ANNOUNCEMENTS

We Need Your Email Address!

Periodically the Association office will send out Community announcements via email blasts with important and informative information regarding your community. Please contact the Association office to be added to our email list and stay in the know!



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The Vision
Las Sendas Community Association

Activities to Do - Events to Discover... Page 6

Summer Activities for Everyone
Sign Up for Classes, Special Events and More

PLUS:
Spring Training Winners
First Annual Ladybug Release on Earth Day
LSCA Management Briefs

LANDSCAPE UPDATE FROM



Spring time is Aphid time in the Valley. Aphids are small bugs that host on a variety of plants, sucking the life out of them. Normally green, black or red in color, these small insects can be found on the underside of the leaves and on the green stems. Aphids will start from eggs left on stems of plants which hatch in late winter to early spring where they begin their work. Being proactive and checking plants and trees randomly for signs of Aphids will help to reduce the damage.

A systemic pesticide can be applied in March to help control potential problems. Systemic pesticides are applied to the roots of the plant by drenching the soil with a chemical and water mixture or applying a granular product and watering it in. The plant takes in the chemical where it resides in the leaves for insects to ingest. This process does take a day or so to become affective and should never be done on food type plants. These products are available at your local Home Stores and can be in found with a combination of fertilizer or plant food also. Make sure that you always follow the product label.

If you find plants with aphids currently on them then you can apply some eco-friendly methods of control. Lady Bugs are natural predators to Aphids. Releasing Lady Bugs on plants in your yard will help control detrimental insects and can be fun for the kids to release. (Don't forget to register your children for the Ladybug Release event on April 14th!) You can also try spraying off the bugs with water or apply an insecticidal soap which will normally eliminate existing Aphids. Insecticidal soaps such as Safer Soap can be found at your local Home Store. Again, make sure that you follow the label for any pesticide products and check the underside of plant leaves every few days.



COMPLIANCE

9 Reasons to Scoop Your Dog's Poop

1. It's the law!

**Mesa City Code Book: Title 6 - Police Regulations
Chapter 4 - Animal Control Ordinance with Leash Law
Section 6-4-30: Dog Fecal Matter**

Any person owning, possessing, harboring, or having the care, charge, control or custody of any dog shall immediately remove and thereafter dispose of any fecal matter deposited by the dog on a public or private property unless the property owner has given prior approval to use said property for this purpose.

2. Stormwater carries pet waste and other pollutants directly into waterways.
3. Animal waste adds nitrogen to the water. Excess nitrogen depletes the oxygen in water necessary for beneficial underwater grasses, wildlife and fish.
4. Animal waste may contain harmful organisms such as Giardia, Salmonella and E. coli that can be transmitted to humans and other animals by ingesting contaminated water.
5. Roundworms and hookworms deposited by infected animals can live in the soil for long periods of time and be transmitted to other animals and humans.
6. No one likes to step in pet waste and spread it into homes, cars and businesses.
7. Scooping on a daily basis and applying lime will help prevent odors.
8. It's easy to clean up by carrying plastic baggies and paper towels in your pocket. The baggies can be secured and thrown away in the garbage.
9. Your neighbors will appreciate your good manners. Cleaning up after your pet is always the right thing to do.

ARCHITECTURAL Architectural Committee

The purpose of the Architectural Committee is to review and analyze requests to make improvements to the visible exterior of a home and make sure the improvements stay within the guidelines set forth in our CC&R's.

In an effort to provide and protect each individual homeowner's rights and property values, it is required that any Las Sendas Homeowner that is considering improvements to their home which modify the exterior of the home submit an application to the Architectural Committee prior to starting work on any planned improvements. Work may begin as soon as the homeowner receives written confirmation that their planned improvement has been approved.

It is the purpose of the Architectural Committee and the Guidelines to promote those qualities in Las Sendas that enhance the attractiveness and functionality of the community.

Those qualities include a harmonious relationship among structures, vegetation (weeds not included), topography and overall design of the community. Some examples of improvements are landscaping (plants, grass, hardscape), painting, security screen doors, sun screens, lighting, just to name a few.

The Custom Architectural Review Committee meets the first and third Thursday of the month while the Regular Architectural Review Committee meets the second and fourth Wednesday of the month and is comprised of Las Sendas homeowner volunteers and reviews all architectural applications submitted.

Guidelines and applications may be obtained from the Association office or online at www.thetrailhead.org.

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MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Tree House 7:45am-11:30am Bridge Club 1-4pm	3 Tree House 4pm-7:15pm Health & Wellness Club 6:30pm	4 Tree House 7:45am-11:30am Weight Watchers Meeting 9am	5 Custom ARC Committee 8am Retirees Plus Tennis 9am Tree House 4pm-7:15pm	6 Tree House 7:45am-11:30am	7 Tree House 6:45am-11am Farmers Market 8am-1pm
8	9 Tree House 7:45am-11:30am Bridge Club 1-4pm Mom's Club 9:30am	10 Retirees Meeting 9am Tree House 4pm-7:15pm Weight Watchers Meeting 5:30pm	11 Tree House 7:45am-11:30am Regular ARC Committee 8am Weight Watchers Meeting 9am Photo Club 6pm	12 Retirees Plus Tennis 9am Tree House 4pm-7:15pm	13 Tree House 7:45am-11:30am Member Mixer 6-8pm	14 Tree House 6:45am-11am
15 Quilt Show 1-4pm	16 Tree House 7:45am-11:30am Bridge Club 1-4pm	17 Tree House 4pm-7:15pm Weight Watchers Meeting 5:30pm	18 Tree House 7:45am-11:30am Weight Watchers Meeting 9am Family Chess Night 6:30pm	19 Custom ARC Committee 8am Retirees Plus Tennis 9am Tree House 4pm-7:15pm	20 Tree House 7:45am-11:30am	21 Tree House 6:45am-11am Farmers Market 8am-1pm
22 Concert in the Parke 2-4pm	23 Tree House 7:45am-11:30am Bridge Club 1-4pm	24 Retirees Meeting 9am Tree House 4pm-7:15pm Weight Watchers Meeting 5:30pm	25 Tree House 7:45am-11:30am Regular ARC Committee 8am Weight Watchers Meeting 9am	26 Retirees Plus Tennis 9am Tree House 4pm-7:15pm LSCA Board Meeting 6pm	27 Tree House 7:45am-11:30am	28 Tree House 6:45am-11am Easter Egg Hunt 8-10am
29	30 Tree House 7:45am-11:30am Bridge Club 1-4pm	31 Tree House 4pm-7:15pm Weight Watchers Meeting 5:30pm				

● HOA

● CLUBS

● ACTIVITIES

● ATHLETIC CLUB

Las Sendas

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Tree House 7:45am-11:30am Weight Watchers Meeting 9am	2 Custom ARC Committee 8am Retirees Plus Tennis 9am Tree House 4pm-7:15pm	3 Tree House 7:45am-11:30am	4 Tree House 6:45am-11am Farmers Market 8am-1pm
5	6 Tree House 7:45am-11:30am Bridge Club 1-4pm	7 Tree House 4pm-7:15pm Weight Watchers Meeting 5:30pm	8 Tree House 7:45am-11:30am Regular ARC Committee 8am Weight Watchers Meeting 9am Photo Club 6pm Family Chess Night 6:30pm	9 Retirees Plus Tennis 9am Tree House 4pm-7:15pm	10 Tree House 7:45am-11:30am	11 Tree House 6:45am-11am
12	13 Tree House 7:45am-11:30am Bridge Club 1-4pm Mom's Club 9:30am	14 Retirees Meeting 9am Tree House 4pm-7:15pm Weight Watchers Meeting 5:30pm Ladybug Release 3-5pm	15 Tree House 7:45am-11:30am Weight Watchers Meeting 9am	16 Custom ARC Committee 8am Retirees Plus Tennis 9am Tree House 4pm-7:15pm	17 Tree House 7:45am-11:30am	18 Tree House 6:45am-11am Farmers Market 8am-1pm
19	20 Tree House 7:45am-11:30am Bridge Club 1-4pm	21 Tree House 4pm-7:15pm Weight Watchers Meeting 5:30pm	22 Tree House 7:45am-11:30am Regular ARC Committee 8am Weight Watchers Meeting 9am	23 Retirees Plus Tennis 9am Tree House 4pm-7:15pm LSCA Board Meeting 6pm	24 Tree House 7:45am-11:30am	25 Tree House 6:45am-11am
26 Neighborfest 3-7pm	27 Tree House 7:45am-11:30am Bridge Club 1-4pm	28 Retirees Meeting 9am Tree House 4pm-7:15pm Weight Watchers Meeting 5:30pm	29 Tree House 7:45am-11:30am Weight Watchers Meeting 9am	30 Retirees Plus Tennis 9am Tree House 4pm-7:15pm		

Las Sendas Lifestyle

Activities to Do - Events to Discover

PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES AND EVENTS.

You can register and pay at the Trailhead Members Club or call 480.357.8780. We accept Visa, MasterCard and personal checks only - NO CASH please. For detailed information, go to www.thetrailhead.org. You can find upcoming and future event information and never have to leave your home!

Please note: some classes may be cancelled due to a lack of registrations. Please pre-register early to avoid cancellations.

MEMBER MIXER

Enjoy an evening at the Trailhead Members Club! Mingle with fellow residents and meet and greet the HOA staff. All residents are encouraged to take part in this event, but we especially encourage new residents to come and meet staff in an informal setting! If you've been to one before, you know it's fun -with live entertainment, appetizers and you get to bring your own "BOC" - beverage of choice... Please R.S.V.P. at 480.357.8780.

Location: Trailhead Members Club
Date: Friday, March 13th
Time: 6:00-8:00pm
Fee: FREE

CONCERT IN THE PARKE

Bring your picnic lunch, your favorite beverage, lawn chairs and blankets, and your family and friends to the Trailhead Parke to enjoy some great music. Please make sure to bring plastic containers for your beverages ...

Location: Trailhead Parke
Dates: Sunday, March 22nd
Time: 2:00pm-4:00pm
Fee: FREE

EASTER EGG HUNT

Put on your Easter outfits and bring your baskets to the Las Sendas Easter Egg Hunt and Pancake Breakfast. There will be egg hunts, a bounce house, pony rides, a petting zoo and much more! Boys and girls will be grouped according to age for the hunts. Admission is \$6 per child which includes the hunt and all activities. A Las Sendas Boy Scout Troop will be hosting the breakfast and accepting donations. Come into the Association office or call 480.357.8780 to register.

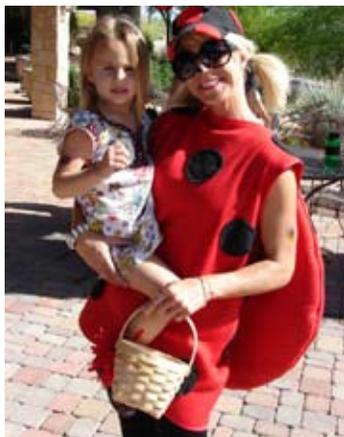
Date: Saturday, March 28th
Time: 7:00am- Pancake Breakfast
8:00am- Easter Activities
9:00am- Egg Hunt
Location: Trailhead Parke
Fee: \$6.00 per child



LADYBUG RELEASE

The seventh annual Ladybug Release Party will take place at the Trailhead Members Club. We'll have different booths and crafts at each station, followed by story time and sing along, and finish it up with a parade down to the park for the ladybug release. Please preregister.

Date: Tuesday, April 14th
Time: 3:00pm-5:00pm
Location: Trailhead Members Club
Fee: \$3.00 per child



NEIGHBORFEST

Join us at the Trailhead Parke for one of the biggest parties of the year! The whole community is invited! We'll be serving up some delicious Bar B Que from Whiskey Ranch BBQ Co. There will be a bounce house, a zip line, a rock wall, and bungee jump for the whole family and live bands performing throughout the day. Come one, come all! And don't forget to tell your neighbor! Please preregister.

Date: Sunday, April 26th
Time: 3:00pm-7:00pm
Location: Trailhead Parke
Fee: \$5 per person/ \$20 per family



FARMERS MARKET

Every other Saturday from 8:00am - 1:00pm at the upper parking lot by the Trailhead Parke 3/7, 3/21, 4/4, 4/18

New & More Vendors!

Come shop and see:
Double Play Produce-new improved produce
Red Mountain Cattle Company
Beary's Secret Treasures - Fresh Flowers
Shrimp Ceviche
Dr. Hummus
Amelia & Boots Pet Treats
Lighthouse Catering - Salsas & Salad Dressings
Your Choice Catering - Everything Pies



FAMILY CHESS NIGHTS

We are calling all children and adults who enjoy a good game of chess to join us for an evening of chess action. All ages are welcome, if under 13, please be accompanied by an adult. An experienced chess coach will be available to help with those learning the game; chess sets and clocks provided.

Dates: Wednesdays, Mar. 18th, Apr. 8th
Time: 6:30pm-8:30pm
Cost: FREE

JOLEE-JAFFA MUSIC FOUNDATION BAROQUE BALL MARCH 21, 2015

The Jolee Jaffa Music Foundation is a section 501(c)(3) not for profit that provides music lessons and instruments to promote the health benefits of daily music making. Join us for our annual fund raising evening and share great food and entertainment.



"A music education for children is critical to their emotional and academic development, and daily music making for adults has extraordinary mental and physical health benefits. Our mission is to advance public awareness of these benefits and provide opportunities for music education to all ages. We endeavor to work with other advocates who also understand the empowerment that comes with learning to play music."

Sponsored by Edward Jones, Wells Fargo, Security Title Agency, and Jaffa Simmons, PLLC
Details and tickets available online at www.j-jmf.org or call 480-307-9109

SAVE THE DATE FOR THE FOLLOWING EXCITING EVENTS...

Member Mixer May 8th
School's Out Bash May 21st

INFANT SWIM RESOURCE

Give your child the lifesaving water survival and self-rescue skills they need in the water. Infant Swimming Resources teach Water Survival and Self Rescue skills for infants and young children from 6 months to 6 years of age. Having the ability to roll to a float, rest and breath, are essential and vital skills with summer coming. Registering now for classes starting in April. For class information and registration contact Becky Harris at 480-216-8905 or by email at becky@israz.com. Please visit the National website at www.infantswim.com for program information.



LAS SENDAS COMMUNITY TENNIS

SPRING PROGRAM 2015 JANUARY 1ST – MAY 12TH

Contact Lori Thornton at 480-717-7208 or email at Lori.Trailhead@gmail.com if you have any questions regarding the spring program.

PRIVATE AND GROUP LESSONS

One hour private lesson	Tennis Pro - \$50 hour, \$30 ½ hour
	Asst. Pro - \$45 hour, \$25 ½ hour
	Rate/2
One hour semi-private lesson	6 classes \$110 (Lori)
Private group lesson (~4)	6 classes \$99 (Melissa)
	Pay for 4 lessons get one free (Lori)
Lesson package rate	Pay for 5 lessons get one free (Melissa)

JUNIOR PROGRAM

Level	Day	Time	Cost
Tots I (ages 4-5)	Tuesday	4:00-4:30pm	\$20
Tots II (ages 6-7)	Tuesday	4:30-5:00pm	\$20
Intermediate Tots	Tuesday	5:00-6:00pm	\$40
Junior Beginners	Monday	4:00-5:00pm	\$40
Intermediate Juniors	Mon & Thurs	5:00-6:00pm	\$80
Pre-Tournament	Mon & Wed	5:00-6:00pm	\$80
Junior Competitive***	Mon/Wed & Thurs	6:00-7:30pm	\$150

ADULT PROGRAM

Level	Day	Time	Cost
Adult Beginners (Co-ed)	Tues	7:00-8:00pm	\$45
Intermediate (2.5-3.0)	Fri	9:30-11:00am	\$65
Stroke of the Week	Thur	7:00-8:00pm	\$45
Team Clinics**	M-F	8:00-11:00am	Clinic

ADULT LEAGUES

Group	Day	Time	Cost
Women's Doubles	Mon	7:00-9:00pm	\$25
Men's Doubles	Wed	7:00-9:00pm	\$25
Women's Beginning Doubles	Tues	7:00-9:00pm	\$25
Women's Doubles	Fri	8:00-10:00am	\$25

***Class is geared for those juniors planning on playing High School tennis or participating in local and USTA tournament play. Combination of drills, strategy and match play.

RETIRES PLUS! GROUP

THURSDAY TENNIS FUN

If you play tennis, or used to and want to try it again, join us each Thursday at 9:00 a.m. on the Sonoran Hills courts (the lower courts) for fun, sociable mixed doubles. Our Retirees Plus group has no age limits, no fees, no need to sign up; just drop in. Our group includes a diversity of talent levels, so we welcome all to give us a try.

For more information, call Duane Kragness at 602.870.7000.



Entrepreneur Magazine has ranked Soccer Shots the #1 Children's Fitness Franchise in America! This marks the 3rd time in the last 4 years Soccer Shots has been honored with this award.

About Soccer Shots

Mission: Our mission is to be the premier intro-to-soccer provider across the globe and to do so in such a way that it leaves a lasting impact on the youth we serve.

Method: We offer a quality, high-energy soccer program with principled instruction wrapped in fun. Our creative curriculum emphasizes soccer skills as well as character development, which transcends the game itself.

Motivation: Our motivation is to impact children in both soccer education and character development with application to all areas of children's lives. We are motivated by a desire to see kids experience the game of soccer and to enjoy the rewards that participation in the game offers.

Classic Program:

3 to 5 year olds (Pre-K) - For nearly 15 years, Soccer Shots has been introducing soccer exclusively to children ages 3 to 5. Using creative and imaginative games, weekly sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.

CLASS OFFERINGS:

Tuesdays 10:00 am - 10:45 am 4/7 - 5/19
4/7, 4/14, 4/21, 4/28, 5/5, 5/12, 5/19

Saturdays 9:00 am - 9:45 am 4/11 - 5/30
4/11, 4/18, 4/25, 5/2, 5/9, 5/16, 5/30

Fridays 5:30 pm - 6:15 pm 4/10 - 5/29
4/10, 4/17, 4/24, 5/1, 5/8, 5/15, 5/29

Location: Trailhead Park @ Las Sendas Community

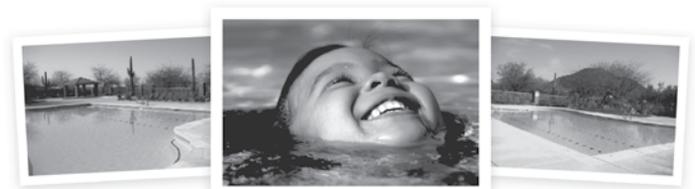
Cost: \$85 per player

includes weekly prizes, Soccer Shots t-shirt and end-of-season sur-prize!

REGISTER ONLINE NOW
mesa.soccershots.org



Swim This Summer at the Las Sendas Community Pools



Class schedules and online pre-registration at:
www.evoswimschool.com/LasSendas

Swim Lessons

Swim Team

Small Class Sizes

Quality Instruction

480-539-2660

Boulder Mountain Pool - 3252 N. Red Mountain - Mesa, AZ 85207



THE TRAILHEAD ATHLETIC CLUB
and Las Sendas Spa

For Trailhead Athletic Club (TAC) events and classes please contact the TAC front desk at 480-832-6900.

This month's Trailhead Triumph is the Faerber Family!

The Faerber Family exudes the Las Sendas lifestyle. Kelly and Bob with their 2 children Grace (15) and Quinn (13) have been longtime residents of Las Sendas for 13 years. They have truly embraced all that Las Sendas has to offer! While they have always been an outdoorsy, active family, 5 years ago Kelly decided to change it up and try out the Trailhead Athletic Club and take her fitness indoors. Her first stop was a BODY PUMP class with Bev, group fitness instructor and resident. Kelly, being shy and typically to herself, felt a little uncomfortable with the set up and all the people in the room that seemed to know exactly what to do. Shortly thereafter, Bev and the music totally motivated and encouraged her in a way she had never experienced before. While she thought she was in good shape from all her running, biking, and hiking, the weight training was a whole new ballgame and she felt muscles she didn't know existed! But that soreness was overridden by the fun, new experience she'd just had! Kelly then began branching out and taking different classes, like Spin, Yoga, Fight Fit, and Friday Hikes. She enjoys mixing it up and keeping a variety in her schedule. Soon after Kelly got hooked on the TAC she introduced her daughter Grace to our classes and now they are both regulars here. Grace, now almost 16, actually is dropped off by the bus after school so she can come straight to the TAC to exercise before she goes home. She also walks or rides her bike to the gym. Grace loves the convenience of being able to come whenever she can because it is so close. While sometimes it may be difficult to be motivated, Grace told me that she knows that once she gets here and just does something, it actually gives her more energy to finish her day and it makes her feel more positive and happy. That's those endorphins that get released! While Bob and Quinn are not members of the TAC, they are actively involved in sports and do daily exercise. Bob enjoys the terrain of the hills in Las Sendas for running and hiking.

Both Kelly and Grace believe the key to success is to find an activity you like that is fun so it doesn't seem like so much work. Kelly also attributes her success to the amazing Trainers and Group Fitness instructors who pushed her outside of her

comfort zone and taught her that she can do way more than she ever imagined! Being pushed has actually given her more self-confidence and now Kelly really enjoys the socialization that comes along with the TAC, as well. Grace on the other hand, attributes her success to her mom who has always been such a positive role model in leading by example! The Faerbbers chose Las Sendas because of how active the community was. They walk their dogs daily, enjoy the parks and love seeing all the bikers and runners out early in the morning. They also love the fact that the Marathon comes thru here and showcases this beautiful desert jewel of ours. Over the years, the Faerbbers have truly participated in all of our activities from our Tennis program, to T-ball, to Swim. Bob was actually one of our original Swim coaches back in the day...Living the Las Sendas Lifestyle is what the Faerbbers are all about! Kelly added, "this community embraces our way of life".



TREE HOUSE CHILD WATCH

Child care for TAC parents

Our goal at the Treehouse is to provide a safe and healthy environment for your children.

Our Treehouse hours are:

Monday-Wednesday-Friday 7:45am to 11:30am

Tuesday - Thursday 4:00pm to 7:15pm

Saturday 6:45am to 11:00am



Get Fit *with* HIIT

[High Intensity Interval Training]

- *strength training with cardio
- *short intense bursts of exercise
- *all levels of fitness welcome!

\$75

NEW Session!



Mar. 3rd - Mar. 26th
Apr. 7th - Apr. 30th
Tuesday & Thursday
10:00 am-10:45 am
8 sessions

Space is limited. Sign up required.

Call TAC 480.832.6900

Spring Training is Back for 2015!

9 innings/weeks of fun

No TAC membership needed to Participate.

Sign up by March 7th. Begins March 9th

Join us and pick your option!

- | | |
|------------------------------------|-----------------------------|
| 1. Free Agent [on your own] | 2. With a Coach [PT] |
| * \$25 [member *\$75 [non member] | * 8 or more PT sessions |
| * T-shirt | * Weekly measurements |
| * Starting and ending measurements | * T-shirt |
| | * \$25 fee waived |



For more information, call the TAC at 480-832-6900

MARCH/APRIL GROUP X FITNESS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:15am BOOT CAMP George	5:15am SPIN Molly	5:15am BODY PUMP Dawn	5:15am CYCLE Dawn		7:00am OUTDOOR CYCLE Mr. "T"
8:00am CARDIO CARVE Meg	7:45am PILATES Meg		7:45am PILATES Meg	8:00-10:00am OUTDOOR TREK Bev	8:15am BODY PUMP Rachael
9:00am BODY PUMP Rachael	9:00am WATER Brenda	9:00am (45 min.) ZUMBA Sherrie	9:00am WATER Bev	9:00am SPIN Meg	9:30am (90 min.) YOGA Heather
	9:00am SPIN & STRENGTH Bev	10:15am YOGA Jolanta	9:00am TOTAL BODY George	10:15am YOGA FUSION Rachel	
	5:15pm BODY PUMP Rachael		5:15pm FIGHT FITNESS Dan	Club Hours Monday-Thursday 5am-8pm Friday 5am-7pm Saturday 6am-5pm Sunday 7am-5pm 	
6:00pm ZUMBA Kristen		6:15pm YOGA Kathrin	6:15pm BODY PUMP Karen		

*All classes are 1 hour in length unless noted otherwise.
 www.thetrailhead.org

Spa Specials

MARCH SPECIALS

Balance Essential Oil Massage 50 Minutes for \$69

Balance and ground yourself with March's massage special. Enjoy a 50 minute relaxing massage infused with specially formulated essential oils designed to promote full body relaxation, tranquility, and soothed muscles.

APRIL SPECIALS

April Showers Bring May Flowers ?
Not in AZ, we're already in full bloom!
But, if you're suffering a little from all the pollen in the air, it can be hard to appreciate the beauty of our desert blossoms.

For the month of April, open up your sinuses and get breathing again with our

25 minute Sinus Blast Special \$40.00

Hot moist towels infused with eucalyptus oil, and relaxing face, neck, and scalp massage with sweet lavender oil will help get your allergy symptoms under control.

Lemon Zest Refreshing Enzyme Facial \$59.00

Exfoliate and brighten the skin with the antioxidant and brightening benefits of Lemon. Perfect for normal and dry skin. It promotes deep hydration that protects from environmental damage while relieving the surface signs of aging.



GO TAKE A HIKE



Join Instructor Bev
Friday mornings from 8am-10am
Meet @ the Trailhead Athletic Club
Free for TAC members
\$5 for non-TAC members

- Please wear shoes with good traction
- Bring water
- Sunscreen recommended



For details or to sign up
call the TAC 480-832-6900

Do you want to put your
company in front of the
Las Sendas Community?



Advertise in "The Vision" ...
the official magazine of the Las Sendas community.

Call Today! 480.634.1708

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Any job or \$500 or more!

With coupon only. Limited time offer.

The 5th Annual Mountain Lion Benefit Carnival Comes to Mesa's Red Mountain High School March 26-29



The largest carnival on high school grounds in Arizona has become a community tradition that provides fun and adventure for all ages, and benefits the Red Mountain Football Association.

As temperatures warm up in Phoenix, “traveling” carnivals begin to dot the Valley landscape, making big business of attracting visitors with flashy rides and tasty foods. However, there is one carnival where all of the profits benefit the community... specifically the Red Mountain Football Association, an organization responsible for raising the funds necessary to support the Red Mountain High School football team.

The Mountain Lion Carnival, now in its fifth year, is returning to northeast Mesa, and will transform the Red Mountain High School grounds into a spectacular entertainment zone the entire community can enjoy. Head Coach Ron Wisneiwski said that the carnival plays a key role in continuing to allow the Red Mountain Football program to be a top-level program.

“The carnival is without question our biggest and most important fundraiser of the year.” said Wisneiwski, “We strive to run our football program like a small college would, and it takes a great deal of financial resources to do that.” Money is used to aid in providing transportation, equipment, meals and facilities for the Division I team.

THE DETAILS-

This year’s carnival will feature 18 rides; nine of them are labeled as “thrill” rides, touting names like the “Wave Swinger,” “Fireball,” and the “Orbiter,” There will also be an assortment of family and “kiddie” rides, in addition to midway-style games, free entertainment food provided by local vendors such as Chick-Fil-A, Sub Zero Ice Cream, Moani’s Country Kitchen.

TICKETS & TIMES-

Admission to the carnival is free; tickets for unlimited access to all rides can be purchased online for a presale discounted rate of \$20 (www.redmountainfootball.com). Unlimited ride passes are \$25 at the door, and individual ride tickets can also be purchased during carnival hours. Carnival games and food prices vary and may be purchased at the event for an additional charge.

The carnival will be open from 4 p.m. – 10 p.m. Thursday, March 26, 4 p.m. – 11 p.m. Friday, March 27, noon – 11 p.m. Saturday, March 28 and noon – 8 p.m. Sunday, March 29. Red Mountain high school is located at 7301 East Brown Road in Mesa.

New this year, from 4:00 p.m. – 5:30 p.m. on Thursday, March 26, the carnival will be made “sensory friendly,” catering to those with special needs and disabilities and their families (the general public is also welcome). By toning down the flashing lights and loud noises, individuals with special needs will be able to enjoy a carnival experience in a way that may not have been possible before. This is a challenge with which Coach Wisneiwski is familiar; his younger brother, Kris, had significant disabilities and special needs, and passed away several years ago.

“It means a lot to me that we’ll be able to provide an opportunity for those with special needs to come to the Mountain Lion Carnival and hopefully have a great experience,” Wisneiwski said. “We think the Mountain Lion Carnival has become an event that families in east Mesa look forward to each year, and are very proud of what it brings to this part of the Valley.”

12 Books Childhood Literacy Program Seeking Donations *From Mesa United Way*

Last spring kindergartners in three Mesa elementary schools eagerly browsed tables piled high with brightly colored children’s books. Each child was given a bag containing six books and allowed to select six more to take home for summer reading.

This spring Mesa United Way hopes to expand its 12 Books program to more schools and more grades, with the goal of eventually including 11 elementary schools in low-income neighborhoods. And it’s inviting the public to join in by donating money, like new children’s books, or purchasing books on Amazon.com’s “12 Books” wish list.

“When the kindergartners at Guerrero Elementary School filed into their school library and saw all those books, their faces just lit up,” said Patricia Mullen, Mesa United Way’s Read On Mesa coordinator. “A lot of those children had few or no books in their homes, and having 12 books of their own to take home and enjoy during the summer meant so much, and it enabled

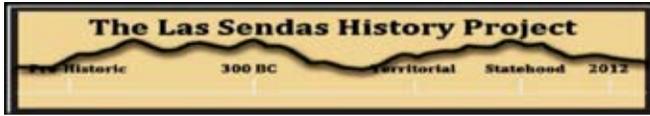
them to come back in the fall prepared to learn.”

The Read On Mesa 12 Books program is a partnership between Mesa United Way, the City of Mesa and Read On Arizona, a partnership of public and private organizations to advance childhood literacy.

“If your children have outgrown some of their books, we can put them to good use,” said Mullen. “If your service organization or Scout troop is looking for a worthwhile project, conduct a book drive or hold a fundraiser for 12 Books. And we can always use donations of money to buy new books. Because we buy in bulk, we can get excellent children’s books for about \$2 apiece.”

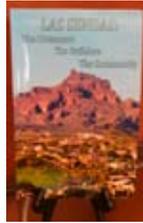
To learn more about the 12 Books program and to help, visit www.mesaunitedway.org/12books or contact Mullen at patriicia.mullen@mesaunitedway.org or 480-834-2124.

Las Sendas History Project



The new 6x9 paperback entitled Las Sendas: The Dreamers, The Builders, The Community is still available for a limited time at a cost of only \$10.00 a copy.

*Written by Residents, For Residents.
Proceeds from the sale of this book benefit the Mesa Historical Society and Museum.*



Read the “100 Year historical snapshot” behind this wonderful community we all call home. Special features include information on the unique Carillon Bell Tower, the Spirit Collection of bronze statues and the Golf Course development.

It makes a great coffee table conversation piece or gift for guests who visit!

See display copy at the Trailhead Members Club’s front desk.

To purchase a Copy:
Call Katherine Karpinsky at 480-776-7972 Or, Stop by the Las Sendas Golf Course Pro Shop

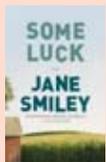
Las Sendas Book Club



March
All the Light We Cannot See
Author: Anthony Doerr

Marie Laure lives with her father in Paris and is blind by age six. Her father builds her a model of their neighborhood, so she can memorize it and navigate the real streets. When the Germans occupy Paris, they flee to Saint-Malo on the coast.

In Germany, Werner grows up enchanted by a crude radio he finds. He becomes a master at building and fixing radios, which wins him a place with the Hitler Youth. Werner travels throughout Europe, and finally to Saint-Malo, where he meets Marie Laure.



April
Some Luck
Author: Jane Smiley

On their farm in Denby, Iowa, Rosanna and Walter Langdon abide by time-honored values that they pass on to their five wildly different children.

As the Langdons branch out from Iowa to both coasts of America, the personal and the historical merge seamlessly: one moment electricity is just beginning to power the farm, and the next a son is volunteering to fight the Nazis; later still, a girl you’d seen growing up now has a little girl of her own, and you discover that your laughter and your admiration for all these lives are mixing with tears.

Some Luck delivers on everything we look for in a work of fiction. Taking us through cycles of births and deaths, passions and betrayals, among characters we come to know inside and out, it is a tour de force that stands wholly on its own.

Las Sendas Retirees

Submitted by Bill Hall

Greetings everyone! The Las Sendas Retirees are off to an amazing start to our new year. We have ushered in a new board and they have infused a high level of energy and enthusiasm into our meetings.



Rich Trumpfeller is our new chair with Mickey Veich as our vice-chair. Marilyn Veich has agreed to serve as our secretary again and Mark Braunger is our financial treasurer, with Dan Govinsky handling our membership rolls. There has been a small change in our meeting times.

With our membership exceeding 145 residents and over eighty attending our meetings, it was decided that we wanted more time to visit, meeting new members and enjoying the companionship of old friends. Our meetings will now start at 8:45 a.m. Our business meeting will, again, convene at 9:30 until 11:30, after which, we meet-up again for lunch.

Mickey is in the process of filling out his program list of guest speakers. Our past speakers have included national and local authors, artists, historians, city council members, and the Mayor. We cordially invite our fellow residents of Las Sendas to set aside a Tuesday morning to meet new neighbors, acquire new friends, and have the opportunity to learn more about our community and state. We meet on the 2nd and 4th Tuesdays of the month at the Trailhead. One does not have to be retired to either attend our meetings, nor become a member, or enjoy any of our activities. Our activities include: three hiking groups of differing levels, a bridge and knitting group, and four socials a year, the first of which is a Chili Cook-off in March. We look forward to your visit!

Our meetings are located at the Trailhead and start at 8:45 am for coffee and goodies, to be followed at 9:30 by our program. Upon the adjournment of our meetings we gather at a local cafe for lunch. All of our meetings are open to all residents of Las Sendas and there is never a cost. For additional information, you may contact Chairperson Rick Trumpfeller at 480-350-7370.

Photography Club

The Las Sendas Photography Club meets the 2nd Wednesday of each month at 6:00 PM in the conference room of the Trailhead Members Club. The Club is open, at no cost, to all residents of Las Sendas, regardless of age, expertise, or equipment levels. For any problems/questions regarding equipment, please bring your manual for reference. For further information, you may contact Don Pike at don.pike101@gmail.com or Ron Kingma at ronkingma@aol.com

Las Sendas Women's Group

Are you interested in hearing about the Women's Group? Well here's the scoop!



This is a VERY casual group that meets approximately 3-4 times per year for socializing, happy hour, or fun activities. Everyone is welcome, there are no dues, and our ladies range approximately from early 30's to early 60's. We represent the full demographic in Las Sendas including stay at home moms, women with home-based businesses, working professionals, part time winter residents, and everything in between. Some of the activities we've done in the past include exercise classes, Stand Up Paddleboarding, a basic golf lesson, a group painting party, wine tasting, an essential oils class, and a holiday shopping party. Other times, we support the Las Sendas golf course or other local businesses like Dvine Wine and meet up for drinks and chatting.

If you're interested in meeting some new ladies, email Tina Reed at silversales247@msn.com and please include WOMEN'S GROUP in the subject line, or text your name and email to 602-920-7852. All notices for the Women's Group are sent by email. We hope to see you at our next outing!

Moms Club

MOMS Club had a fun Moms Night Out at D'Vine in January and our Valentine's cookie decorating party at Sweet Cakes with the kids. We will be doing Mommy and Me yoga at the social on March 9th at 9:30 am at the Trailhead Members Club. Contact Michele at mesamoms@gmail.com for more information.



Adopt a Street

The Las Sendas Community has adopted a section of street on Power Road just north of Las Sendas. We are looking for approximately 6 volunteers to help keep the community clean and beautiful. If you are interested in volunteering contact the Trailhead office for clean-up dates. Post clean-up beverages and snacks available for volunteers. Thank you to Hensley Beverage Company and McDonalds on Power/McKellips for sponsoring these refreshments. Please contact Doug Petit at dbpetit99@aol.com for more information.



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Wireless Access at The Trailhead

Las Sendas has two wireless networks; one is available for public use:

- Las Sendas – public access to the Internet. No password required.
- Trailhead – Secured access to the Internet and office network. Password required.



- Select "View Available Wireless Networks"
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